

Saltshaker

A Trinity Methodist Church Publication



TRINITY
Methodist Church

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A CALL FOR DISCIPLESHIP IN THE COMMUNITY:

BLESSing Youth Avenue



Christabel David

Youth Avenue was established as a gathering place for youths in the Serangoon North area in 2007.

Led by full-time staff and our very own volunteers from Trinity Methodist Church, the vision for Youth Avenue is that it would be a platform for us to reach out to and impact the lives of youths through the provision of programmes and services. These have been planned with the intention of meeting

community needs and alleviating social problems, regardless of ethnic, socio-economic and religious backgrounds.

Since its inception, many young men and women who have walked through the doors of Youth Avenue have seen a remarkable change in their lives, some even coming to know the Lord. But none of this would have been possible if not for the individuals who made a simple yet significant decision to play a role in lives of these youths.

Youth Avenue has given us a platform to lead a life of discipleship outside the church. It presents us with the opportunity to partner with God in reaching out to youths who need the wisdom of someone older, the support of people who care or a friendly face they can turn to.

And as many of our volunteers would agree, as they serve the Lord, so they too have been blessed in return.



"I am thankful to the Lord that He has given me the strength, enthusiasm, joy and opportunity to serve Him through teaching at YA. It has encouraged me to persevere and want to continue serving Him. Indeed the Lord has continued to bless this ministry – in fact I hear from Auntie Cathrine that the YA ministry is more than 10 years old. I hope the Lord will find my service here acceptable to Him."

John Chew a volunteer
with the Study Help programme

"The whole-hearted dedication and cheerful services of the other volunteers, both the advanced in age and the young, has encouraged and inspired me and renewed my faith in our Saviour Jesus's goodness and love. Together with everyone else involved and co-operating to the glory of God."

Grace Lee a volunteer
with the Study Help programme

“I am thankful for the opportunity to meet such enjoyable students as well as to help them improve on their work. Seeing them progress and grow makes me really grateful to be a part of Youth Avenue.

Ethan Tan Yi Hao a volunteer with the Study Help programme

“There are many volunteers serving year after year, and I am encouraged to keep volunteering by God's grace and if it is His will. Volunteers who can only volunteer for a short while are equally important in this service because everything has its own time and season.

Lim Joo Ming a volunteer with the Study Help programme

Some of the programmes at YA include study help and tuition, soccer clinics, outings, character-building workshops, adventure activities, Youth Captains' Leadership Development (YCLD), lifeskills training, community involvement.

2016 saw the third run of YCLD, a leadership training programme based on Dr Tim Elmore's *Habitues: The Art Of Self-Leadership*. The youths from the first run of this programme have stepped up as leaders to help manage the programmes and activities of the centre.

“I once shared the Easter message at YA as part of a speaker session, explaining what Easter means for us and practical ways we can apply that to our lives. It was heartening to hear the youths share about their school experiences in turn, and how they wanted to treat others better, some even listing examples on how they intended to do so. Because of the efforts of all who have helped with YA, many of the youths now attend our annual Fearless Youth Camp and I am thankful for the friendships that have been forged.

Samuel Rajan David
Youth Ministry Leader



As our church embarks on a renewed vision of discipleship, we humbly ask you to come join us to take this opportunity to reach out to a younger generation and to make an impact on their lives.

For more information on Youth Avenue and its volunteer programmes, check out their Facebook page @YouthAvenue123, or contact Eugenia Koh at koheugenia@gmail.com / Cathrine Mathiew at cathrine@tmc.org.sg



Tricia Tong

JUST A TOT - BRING THE LOT!

A Tot-ful Morning (ATM) is a weekly programme for 0-3 year-old infants and toddlers, and their caregivers.

It aims to reach out to, and befriend, the community.

Every Thursday morning, dulcet tones are heard from the Hallelujah room, chiming nursery rhymes, and encouraging children to clap along or make noise with simple musical instruments.

Sometimes, the children listen to a story. The active ones crawl around after 30 seconds. Such is the attention span of the average one-year old.

Which is one of the reasons why ATM was conceived.

If you have been alone with a very young child, you will be familiar with that bundle of endless energy. No number of toys, games or walks can satiate that adrenalin. For a stay-home caregiver, it can be a strain on the (old) bones.

Caring for a baby alone at home every day can make one become wistful for morning coffee with former colleagues, intellectual conversation, or just someone who understands the pressures of being a stay-home caregiver.

At ATM, godmother and godfather volunteers help to entertain the children, engage caregivers in light-hearted (and empathetic) conversation, and offer advice on parenting (only when solicited, of course).

Age-appropriate toys are littered around the Hallelujah room for the children; these are painstakingly sanitised at the end of each play date.



(Clockwise from left to right):

1. Finger-printing and learning that "You are special!"

2. (L-R) Jen, Nathaniel, Regina showing off their Easter egg collection

3. Una from STEAS, coaching one of Lee-Anne's daughters on the glockenspiel

Sometimes, the children get to do simple craft, or be 'ninja warriors' in a baby obstacle course. Move Ma-Baby is the name we give to a time of light aerobics for caregivers and volunteers. Once, we had ladies from the Suzuki Talent Education Association of Singapore (STEAS) give a demonstration on how very young children can enjoy music.

Something different happens at every ATM. The one and a half hours on Thursday mornings pass all too quickly.

Best of all, the children always get to play with vigour, and release their boundless energy! (It however takes skill to make sure that they do not cat-nap on the way home so that they won't be recharged and wide awake again at home. You win some, you lose some!)

On 22 Mar, we had our biggest turnout for ATM yet. Not just a few from the community turned up for an Easter egg hunt. We also invited children from Acekidz, the childcare centre on TMC's premises. At times, it seemed like the adults were enjoying themselves more than the children, who had to hunt for coloured eggs and open them to find clues to complete a puzzle. The day ended with everyone indulging in home-made snacks.

One of the participants sent a text message after the event, saying: "We had a great time, and hope to attend more of such events."

It was an example of how TMC creates a space for the community through a ministry like ATM. And what a diverse community we have welcomed into our midst – Singaporeans, Malaysians, Indian nationals, South Africans, Filipinos and so on.

Just how do stay-home caregivers come to know

about ATM?

Mun Yee, who worships at TMC, is one of ATM's regulars. She recounted how she invited Lee-Anne to ATM. "I met Lee-Anne at a playground near where I live. We started to chat about our children who are in the 0-3 year-old age group, and became friends. After meeting Lee-Anne two or three times, I invited her to attend ATM. A few weeks later, Lee-Anne started a conversation with me via Whatsapp and said she wanted to attend ATM."

Of that invitation, Lee-Anne says: "I was delighted to hear that there was a playgroup close to where I live and that there would be an opportunity for my kids and me to meet new friends in our community. We look forward to going to this group and have had great fun there."

Jen worships at TMC. Her youthful looks belie the fact that she is Regina's maternal aunt. It was Jen who introduced Regina to ATM. On Wednesday nights, Jen stays over at Regina's place in Yishun. It takes them 2 buses and an MRT ride to get to ATM with Regina's 14 month-old Nathaniel. That's commitment from the trio who are now regulars at ATM.

It seems that the news about ATM is getting out by word-of-mouth mostly, despite publicity through the TMC bulletin, website, Facebook page and hundreds of flyers dropped by several pairs of "Beautiful Feet"*.

So please do invite your friends who have babes and tots below three years old for a fun-filled Thursday morning.

**This is the moniker for the volunteers who have helped to drop flyers into mailboxes in Serangoon Gardens, Serangoon North and Serangoon Central; it is a reference to Isaiah 52:7.*

A TOT-FUL MORNING



A Tot-ful Morning takes place every Thursday from 9-10.30am in the Hallelujah Room. You can download our flyer using this QR Code and send it to anyone who has a 0-3 year old. Alternatively, visit www.tmc.org.sg/highlights.html#atm to download the flyer and for more information.



Elizabeth, retired pre-school teacher, tells a story to the children



Collete Yip

NOT JUST CLOWNING AROUND AT IMH

I first visited IMH (Institute of Mental Health) in 2016 when I was eight years old.

The TMC volunteers who help regularly at IMH were looking for more people to join them in a Christmas event. My family and I, together with the Jagas small group which my parents belong to, volunteered to help.

On my first visit, I was shy and scared because the place and people were unfamiliar. All the helpers had to gather at a hall in IMH.

When we got there, I saw that it was already full of residents awaiting our arrival. Some of them were happy to see us. Others seemed sad. There were still others who were just sitting by themselves.

At first, I just sat at the side and read quietly. After about an hour, my brother Timothy and I got used to the place and we started to talk to the residents. We also helped the TMC team with many activities. We sang Christmas carols in English and Chinese, shared bible stories with them, played games and did crafts like Christmas cards. It turned out to be a very fulfilling experience.

During our most recent visit in 2017, the TMC group dressed up as clowns to cheer the residents up. The residents seemed joyful seeing us in our funny and colourful wigs. I could see smiles on their faces. Some of them even stood up and danced with us.

I understand that the residents go to IMH because of their health conditions and they need to have medical treatment. I feel sad for them because they are not well and cannot live with their families. I wish for them to recover and return home quickly. My parents have explained to me that they bring Timothy and I to IMH so that we can show care and help others. We have been greatly blessed by God so we must also share these blessings with others. Although we do not volunteer at IMH regularly, we always try to help when we are available.

Younger people can help in IMH too, regardless of whether they are teenagers or young children. Older children can play musical instruments or conduct activities while young children can help to prepare and serve food to the residents.

Every last Sunday of the month, TMC ministers to residents of IMH through the sharing of God's Word and testimonies, and the singing of songs. The residents are given time to express themselves freely. Some share through verbal expression, others sing, dance, draw and use other art forms. We exercise and walk with the residents within the Institute's premises, but also take them out occasionally on outings. The residents sometimes join us at TMC for special events. Please contact Yvonne / yvonnatangb@gmail.com if you wish to serve in this ministry.



Papa sporting a clown wig, with Mummy, Timothy and me

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ALPHA INTRO LUNCH

**15th Jul to 2nd Sep 2018
8 Sundays, 1:00 – 3:30pm**

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more to life
than this**

The Alpha logo consists of a large, white, stylized question mark shape on a red background. At the bottom of the question mark is a small white circle containing the word "Alpha" in black text.

Alpha

Visit www.tmc.org.sg/alpha.html
for details and registration



Takhmao Trinity Methodist Church, Phnom Penh

(now known as Glory Trinity Methodist Church)

ARTIST: SAROJINI

WATERCOLOUR BASED ON A PHOTOGRAPH

"I wanted (the painting) to capture the radiant atmosphere the worshippers would have experienced as they streamed in."



Takhmao TMC (2003 circa)

COMMENTARY BY REV ALVIN CHAN:

Sarojini draws our attention to the glow coming out from the Sanctuary, depicted by the golden light emanating from the top of the windows.

In that moment, God shows us something that we may not have seen before.

When we see pictures or describe the former GTMC building, we often associate it with discouragement and despair. Perhaps when it collapsed in 2005, it was as if that original building collapsed because God had forsaken the church.

Sarojini's painting changes that perspective. It prophetically speaks of God's presence and glory with the church always. The golden glow speaks of the glory of God. God has been there all this while with the church, even if we were unable to see it all along.

This painting reminds us that, in moments when we don't think God is there, He is. God is here. He is here with us, especially when we call out to Him.

Psalm 63:2 "So I have looked upon you in the sanctuary, beholding your glory and power."

Poem to a Nonagenarian

(Harry Lim celebrated his 90th birthday this year. He is one of 16 nonagenarians on TMC's membership roll. Harry and his wife, Gloria, celebrated their 60th wedding anniversary in the year that TMC turned 60. We are blessed by their service to the Lord at TMC.

This poem was written by Harry's son, Paul.)

Harry is husband, grandpa and dad
He never fails to make me glad
Many roles but one common thing
He's out of tune, but he loves to sing

As a husband, he is always looking out for mum
As a dad, he is always full of fun
As a grandpa, he is always thinking about us
Easy-going, without any fuss

He is faithful, patient and loving
Joyful, humorous and encouraging
I recall the walks to the market, and
the holidays we shared
Deep down inside was a heart that truly cared

On one of our walks, I slipped and fell into a drain
I hung at the edge and was more in shock
than in pain
I cried out, "Hey dad, help pull me out!"
He laughed and said, "You can do it; get up
and do me proud."

With his encouragement, I swung one leg up
And before I knew it, I was up and about
As a trainer, the potential in me, he could see
Even when I didn't believe; he believed in me

A good tennis player and a great
sportsman he was
He congratulated the winner,
even when he lost
So in losing, he rejoiced without and within
Thus he taught me that in losing you can
still win

I remember the holidays in Penang that we had
The great meals together and the movies
we shared
Happy 90th birthday, to a wonderful dad
And thank you God for the awesome times
that we've shared



Harry's 90th

IN & ABOUT TMC



DISCIPLE GRADUATES



RECEPTION OF NEW MEMBERS





GOOD FRIDAY & EASTER



From the diary of the

Dear Diary,

How time flies! It's budget preparation season again?! Ok ... let's start like we always do...let's see how we are doing so far, two-thirds through the church financial year.

Praise God - people are giving. The tithes, which make up the majority of our income, are on track.

We had a big sum of pre-committed expenses this year. When we started out the financial year, we didn't know if there would be enough tithes. Nevertheless, we decided to help our Methodist brethren with a \$300,000 donation to the TRAC land lease renewal fund*. And of course, there's the obligatory \$400,000 conference commitment for all our members (\$465 for each of our 899 members). We wouldn't have been able to meet these obligations without the tithes.

There are the inevitable unplanned expenses this year. We're organising the Methodist Welfare Services golf event in July (because we won last year), and that's going to cost \$70,000.

If nothing breaks down, and we do not fully use the capital expenditure budget, then we should be able to make the budget balance. Crossing fingers...or rather, looking at the Cross now.

Now, what do we need to do this coming year?

We've taken care of many external matters in the last three years, including giving Glory Trinity Methodist Church (GTMC) in Phnom Penh a new building. We also helped our sister churches defray the costs of remaining on their land.

I guess it's time to take care of ourselves this coming year.

The building looks good for a 14-year old structure. The property committee has done a good job on its upkeep. It comes at a price though - \$300,000 each year. We can't cut back there. The committee has been trying to save costs and doing a good job of it.



Pledge Sunday 2017 in the Emmanuel Hall

**Many Methodist churches are on short leases, and some now require urgent funds for the leases to be renewed upon expiry.*

Finance Chairperson



Lim Sue Yien

Our utilities bill has been coming down each year, so have maintenance costs for air-conditioning, building, fixtures.

However, we have a gaping hole here. We require \$1 million to renovate the Emmanuel Hall and re-haul the church's entire audio-visual (AV) infrastructure. The Emmanuel Hall is used by the 11.15am service, but it needs work so that the worship space is enhanced, while creating the possibility for other groups to use it for other purposes.



Amplifiers (in cupboard) in the Sanctuary that pre-date the 2003 redevelopment

Over the past 14 years, the AV equipment has been used every Sunday, many Saturdays and weekday nights. Some parts have been worn out through heavy use, and much of the technology is old and unserviceable. Worshipers at all services will have observed some inadvertent lapses in AV function in the last two years.

On the occasions when the whole church family comes together to worship God, there is a need to connect the church body through "live" feeds to and from the Sanctuary, the Emmanuel Hall, and now the Abraham lounge. In order to do some of that, we currently have to hire equipment from external vendors. So really, our AV infrastructure needs to be significantly modified by about \$400,000 to meet all these multiple needs.

Now, what about the other ministries...

Discipleship and Nurture wants 21% more than its allotment last year to run more training programmes and seminars. That makes sense given our heightened discipleship focus.

The youth are requesting 27% more from last year. They want to start more engagement and fellowship time with parents. Not a bad idea. Oh, and they need some funds to go on a mission trip. It's good that the youth have a heart to befriend and disciple the youths at GTMC.



The cost of everything is going up. Inflation hits not just food, COEs, property etc. It also hits our church. Small things here and there add up. Transport costs to fetch worshippers from the Institute of Mental Health, St Luke's Eldercare Centre to and from church, etc.

Our fellowship and outreach events have been attracting more attendees, but food and catering costs have increased too. And until we are replaced by robots, labour costs to hire cleaners have increased too.

OK, let's add everything up ... what's the total that we need to ask the congregation for?

Including the \$1 million for the church renovation and AV upgrade, that's almost \$4 million!

Oh boy.

Don't panic, Sue!

Ps Chong Hui asked everyone to think about their responsibilities as stewards today (29 Apr 18).

It's interesting that the poll results were so similar from both English services. Most struggle with the stewardship of money, time and talent. Many also saw themselves as an ungrateful tenant, failing to give back to God what rightfully belongs to Him. I can only imagine how much we'd have if everyone allows God to work in their lives, and to change their attitudes toward giving to the work of the church.

Dear God, I pray that this Pledge Sunday, people will tithe faithfully, even unguardedly, with a view to giving back to God what rightfully belongs to Him.

POLL RESULTS

Q: "All I have comes from God and belongs to God. I am only a tenant, not the owner of God's vineyard."

I struggle with the stewardship of money, time and talent. **48%**

I am an ungrateful tenant. I failed to give back to God what rightfully comes from Him. **24%**

I vacillate between being a trustworthy tenant and a wicked tenant. **19%**

That's true but say only **6%**

Only ten perfect belongs to God. The rest I keep and do what I want with it. **2%**

I believe all I am and have are a result of my hard work and perseverance. **1%**

TMC ARCHIVES ONLINE



Historical records play a vital role in our everyday lives, reminding us of our heritage and serving as a model of who and what we are. Through them, we can learn from our predecessors, see how God charted the directions Trinity Methodist Church (TMC) has taken and remember His love and faithfulness to the Church.

The Church Archives is a repository of TMC's historical records, acting as resources for members to draw inspiration from, as well as making it possible for future generations to tell the stories of the community of people that were a part of it. The records come in various mediums and formats, such as testimonies from members, recordings of Church sermons, photographs and publications of activities and events, even minutes of meetings held to guide the direction of the church. The records aim to help TMC accurately understand and remember its historical background, how it has developed its identity through the years, the basis for directions taken and providing insights for future plans.

To preserve the history and ensure the heritage of TMC's records, the Church Archives website was created to be a digital repository that holds records of church events, activities and published materials. We encourage members of TMC to share their testimonies, stories, memories and materials about significant events related to TMC's development. This act of service will help the Church Archives to build up a comprehensive heritage of the Church that testifies God's faithfulness to His people over the years.

One generation shall commend your works to another, and shall declare your mighty acts.

Blessed are the Dead



(This is taken from a sermon given by Ps Chong Hui on 14 Apr 18 on the occasion of the inaugural Memorial Service held for all who have lost loved ones.)

Rev Sng Chong Hui

Losing a loved one leaves a vacuum in our lives.

Years pass and you still miss them. We read that almost everyday in the Obituary section of the newspapers.

As a pastor in the ministry to the bereaved, I have been asked the question: "If God is loving, why is there death?"

It's a tough question to answer especially when the death is sudden,

unexpected and our loved one is still in the prime of his or her life.

Someone put it this way: "Because God is loving, there is death. Can you imagine what a burden it would be to forever have pain in our bodies? God has determined that at some point this must stop. That point is death."

In my 37-year pastoral ministry, I have discovered that there are three groups of people who view death differently.

A FULL STOP IN LIFE

The first group of people view death as a full stop in life.

They see death as the end of everything. They say that what you have accumulated and what you have learned to cherish in life all come to an end at the point of death. For them, there is the fear of death and the terror of separation - the breaking of ties and the severance from the people you love. Death is final. Death is tragic. Death ends all.

For such people, it is small wonder that sometimes their attitude towards life is: "Since there is no tomorrow, let's eat, drink and be merry for who knows tomorrow we may die."

But for believers in Christ, death is not final. Death does not have the last word. Death is not the end of all things. Rather, it is the beginning of the full enjoyment of eternal life in heaven that we know only in part on earth.

Death does not close the door to life, but opens the door to everlasting life promised by Jesus to all who believe in Him.

Our columbarium is called the Chapel of Life – a great reminder that death is not a full stop in life.

A QUESTION MARK OF LIFE

Another group of people views death as a question mark of life.

For this group, death is the great unknown. Death ushers in much uncertainty. Death is a big question mark in life. There is also the fear and terror in death – because death is something dark and mysterious like going through a dark tunnel when you cannot see what lies beyond.

For believers in Christ, death is no mystery. Jesus said this just before He went to the cross for us.

“Do not let your hearts be troubled. You believe in God; believe also in me.

My Father’s house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am. You know the way to the place where I am going ... I am the way, the truth and the life. No one comes to the Father except through Me.” (Jn 14:1-3, 6 (NIV))

People who profess faith in Jesus know where they are going, for Jesus has said to them as He said to the penitent thief on the cross: “Truly I tell you, today you shall be with Me in paradise.”

***“There are only three things that matter in life – The people you Love ... the people who Love you ... and where you are going when you die.”
(James Dobson)***



AN EXCLAMATION POINT IN LIFE

Then there is that third group of people who view death as an exclamation point in life.

1 Cor 15 makes three important statements. "Death is swallowed up in victory! (v.54) Death has lost its sting! (v.55) Thanks be to God who gives us victory through our Lord Jesus Christ! (v.57).

All three statements end in an exclamation.

For believers in Jesus, death is an exclamation point in life.

He not only conquered sin but also the grave for us; that we may no longer die but live eternally in His glorious presence in that heavenly home He has prepared for us.

No wonder the book of Revelation, which gives us a glimpse of our eternal future says this: "Then I heard a voice from heaven saying to me: 'Write: 'Blessed *are* the dead who die in the Lord from now on.'" "Yes," says the Spirit, "that they may rest from their labours, and their works follow them." (Rev 14:13)

Now the Bible did not say: "Blessed are the dead." Rather it says, "Blessed *are* the dead **who die in the Lord.**" The Bible is not talking about the general dead but rather the dead who died in the Lord; who died in Christ; who died in faith as a believer in Jesus. And that, according to Scripture, is the most blessed thing.

The apostle Paul said: "For to me, to live is Christ and to die is gain." (Phil 1:21)

It is a gain because we can then be home with the Lord forever.

This world is not our home. Our home is not our HDB flat. Our home is not the freehold landed property. Our home is not the earthly address with postal code. Singapore is not our home. Heaven is. I am not being unpatriotic. I am being realistic. I am simply repeating what Jesus tells us.

"Let not your heart be troubled; you believe in God, believe also in Me. In My Father's house are many mansions; if *it were not so*, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come again and receive you to Myself; that where I am, *there* you may be also." (Jn 14:1-3 NKJV)



Today, as you come to remember your loved ones, may God give you the eyes of faith to see that they are not in the niches of our columbarium - they are home with the Lord forever.

Many years ago, I conducted a burial service at the Christian cemetery at Choa Chu Kang. As I was early, I went around reading what was written on the tombstones. Most of them have this engraved: "So and so was born on this date, departed on this date."

But one tombstone caught my attention. It said: "Born on this date. Arrived home on this date."

I felt this person or his family had got it so right.

No doubt we grieve for the loss of our loved ones and sadness fills our hearts, yet we must not keep looking downwards to the grave but rather look upward to the glorious hope that our loved ones have finally arrived home to be with the Lord forever. They may be absent from us but they are home in the glorious presence of our Lord. They are in that wonderful place where there is no more sin, no more sickness, no more sorrow and suffering.

Rev 21:4 tells us: "And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away."

And that surely will be our exclamation point in life – when the sickness, sorrow and suffering we endure in this life will be no more; when the trembling of hands and the shuffling gait caused by Parkinson's disease will be no more; when the loss of memory and the terrible onslaught of dementia will be no more; when all the questions we have of life – including the great mystery of suffering and evil - will all be answered; when all doubts, confusion and puzzled thoughts will be no more.

When what we now see dimly, we will see clearly. When what we know only in part, we will know in full.

When God will finally be seen in all His glory. No more the invisible God who prompts us ever so often by His Spirit.

When Jesus is finally seen face to face, and you don't have to second-guess what He looks like. (His face may even look entirely different from the paintings of some famous artists.)

That will be the exclamation point in our life.

And more so, it will be an exclamation moment for we will finally be given a perfect body fit for heaven.

“Listen, I tell you a mystery: We will not all sleep, but we will all be changed - in a flash, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, the dead will be raised imperishable, and we will be changed. For the perishable must clothe itself with the imperishable, and the mortal with immortality.” (1 Cor 15:51-53)

This physical body of ours is not permanent. It is perishable. It will gradually be worn out with age, and the bodily functions will eventually fail and break down. But the glorious hope is the day will come when it will be that exclamation moment “in the twinkling of an eye”, when we are clothed in a new body fit for heaven – a body that is imperishable, incorruptible and immortal that will no longer be subject to pain, diseases and decay – a body like the resurrected body of Christ who says, “Because I live, you shall live also.”

Today, as you come to remember your beloved departed, may God give to you the eyes of faith to see them clothed in a new perfect body fit for heaven.

All of us who have put our faith in Jesus will eventually receive this new body one day.

It will happen the moment we breathe our last, and we finally reach the finish line in our long distance race of life ... after we have fought the good fight, battling with sickness and pain, keeping and holding on to our faith.

And we reach the exclamation point of life as we see as our departed are now seeing.

Finally ... home with the Lord!
Finally ... no more sin, sorrow, sickness and suffering!
Finally ... a new perfect body fit for heaven!

It's no wonder the Bible says: “Blessed *are* the dead who die in the Lord from now on.”



Life ... Cherished Even After Death

Looking for a serene final resting place for your loved one need
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The Chapel of Life in Trinity Methodist Church

The air-conditioned columbarium boasts of an exquisite and
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for its 2,400 niches, each housing one to four urns.

The tranquil setting of the Chapel of Life is a sanctuary for
the remembrance of dearly departed loved ones, and serves as
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DONATION AMOUNTS*

Level	Single	Double	Family
7	\$2,500	\$4,500	-
6	\$3,250	\$5,875	\$13,000
5	\$4,000	\$7,250	\$13,250
4	\$4,000	\$7,250	\$13,250
3	\$3,375	\$6,125	\$8,750
2	\$2,750	\$4,875	\$8,750
1	\$2,250	\$4,000	\$8,750

* subject to terms and conditions

- TMC members: 20% less
- Other Methodist Church members: 10% less

Opening hours: 10.00 am—7.00 pm daily (including public holidays)

Your loved ones — a timeless memory
Preserve this memory today

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34 Serangoon Garden Way
Singapore 555940



TRINITY
Methodist Church

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TRAC Healing Ministry training



Sim Cher Khee

Does God heal? Has God promised to heal everyone?

If not, why then does one pray for someone who is sick?

How do I know whether I am suitable to serve in the Healing Ministry?

These are some of the questions I had in my mind when I signed up for the TRAC Healing Ministry training.

The training provided me with the following answers:

God is able to heal, sometimes miraculously and even instantly. On other occasions, God's healing occurs but after a period of time. There is absolutely no limit as to what God can do and as to how He heals.

I learnt that even though God hears us when we pray, this does not mean we stop asking Him to heal once we have prayed. A lesson for me is to "keep pressing in" with persistence. I don't give up praying and believing that God will heal the sick person, unless and until He shows us otherwise.

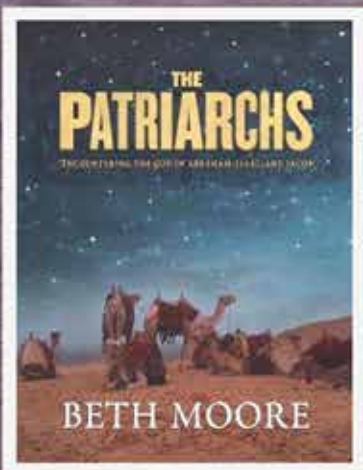
Sometimes even after much prayer, there is no healing. We acknowledge that God is sovereign even when we simply don't understand why the sick person doesn't get well after a long time or even after getting well, experiences a relapse of the sickness.

I learnt that we should not fall for a common misconception that the sick person did not receive healing because of his/her lack of faith in God. During such times, one needs to keep on trusting God, trusting that He knows what is the best outcome for that person.

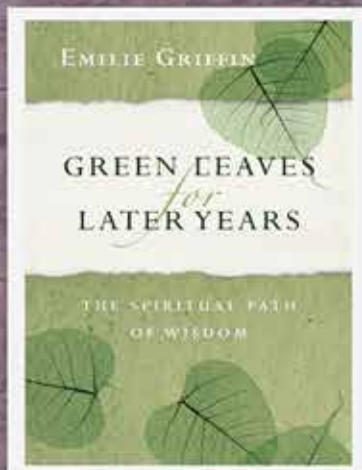
To get started in the ministry of healing, all one needs is a heart of passion and compassion to pray for the sick. One need not have a gift of healing, although this gifting may be discovered along the way during his ministry. It is important to always maintain a humble attitude and follow the leading and guidance of the Holy Spirit in this ministry.

The TRAC Healing Ministry training was meaningful to me. Most importantly, I learnt that God is our Healer, and that His miraculous healing still takes place today.

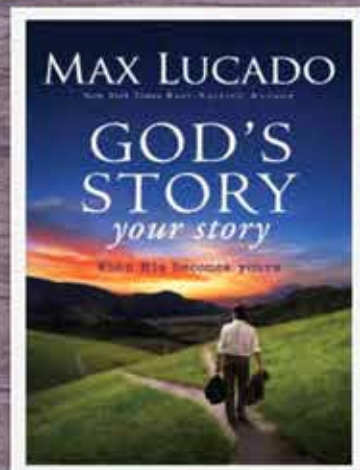
Bibliothèque



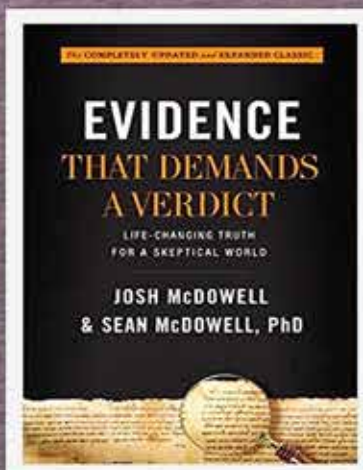
220.6 MOO
The patriarchs: Encountering the God of Abraham, Isaac, and Jacob
Beth Moore



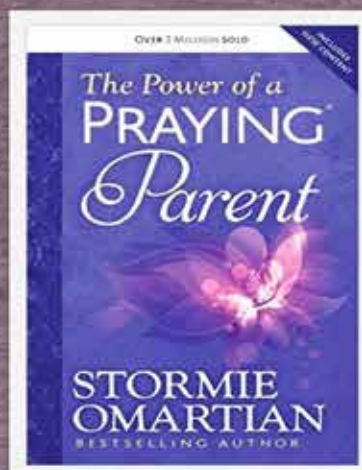
248 GRI
Green leaves for later years: The spiritual path of wisdom
Emilie Griffin



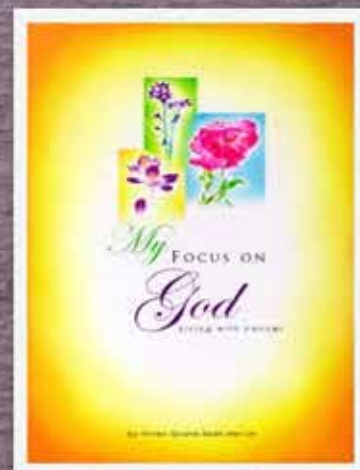
248 LUC
God's story, your story: When His becomes yours
Max Lucado



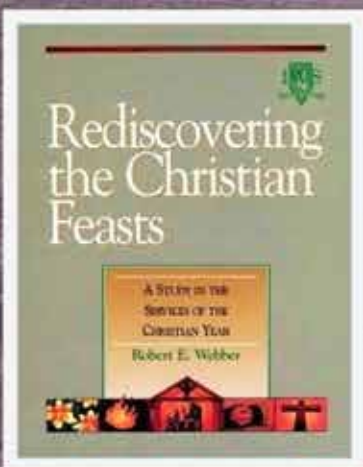
239 MCD
Evidence that demands a verdict
Josh McDowell & Sean McDowell



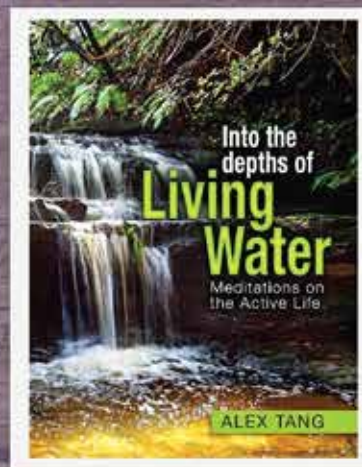
248.1 OMA
The power of a praying parent
Stormie Omartian



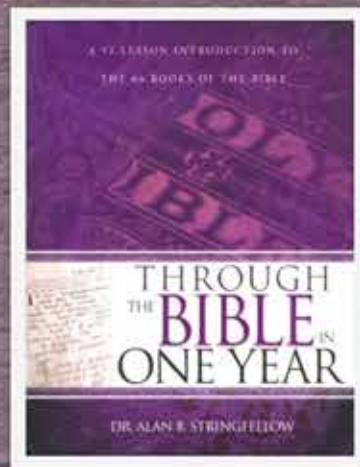
B QUA
My focus on God: Living with cancer
Vivien Quahe-Seah Mei Lin



263 WEB
Rediscovering the Christian feasts: A study in the services of the Christian year
Robert E. Webber



248 TAN
Into the depths of living water: Meditations on the active life
Alex Tang



220.6 STR
Through the Bible in one year: A 52-lesson introduction to the 66 books of the Bible
Alan B. Stringfellow

Besides these books, a wide variety of music CDs, DVDS and reading materials for children, youth and adults are available for loan at the Resource Centre at Level 2.

EVENTS

Fri 1 Jun – Sun 3 Jun

PRESENCE spiritual retreat
Palm Resort, Johor Bahru

Fri 1 Jun, Tues 5 Jun, Fri 22 Jun

3.00pm Youth Avenue nerf games
www.facebook.com/YouthAvenue123

Sat 2 Jun, 7 Jul, 4 Aug

10.00am Youth Avenue Leaders Captains' Development (1st Batch)

Sat 2, 9, 16, 23, 30 Jun, 7, 14, 21 Jul, 4, 11, 18 Aug

3.00pm Youth Avenue sport activity

Sat 9 Jun, 14 Jul, 11 Aug

10.00am Youth Avenue Leaders Captains' Development II

Fri 8 Jun

1.00pm Youth Avenue prawning outing

Sat 9 Jun

6.30pm Parents' Day Dinner organised by Mandarin service
www.tmc.org.sg/highlights.html#parents

Wed 13 Jun

3.00pm Youth Avenue indoor games

Sat 16 Jun, 21 Jul, 18 Aug

10.00am Youth Avenue Leaders Captains' Development III

Tues 19 Jun – Thurs 21 Jun

Youth Avenue leadership camp

Sun 1 Jul

Pledge Sunday

Every Thurs 5 – 26 Jul

7.30pm Precept upon Precept – Genesis Part 5
www.tmc.org.sg/d&n.html#pup

Sun 15 Jul – 2 Sep

1.00pm Alpha
www.tmc.org.sg/alpha.html

Sat 21 Jul, Sun 22 Jul

BBCARES (Boys' Brigade Community Awareness and Rallying Everyone to Serve)

Fri 27 Jul – Sun 29 Jul

Children's Ministry workers' retreat

Sun 28 Jul

1.00pm Youth Avenue Leaders Captains' pizza party

Sun 5, 12, 19, 26 Aug, 2, 16, 23, 30 Sep

1.00pm Emotionally Healthy Spirituality course
www.tmc.org.sg/highlights.html

Every Sun

9.30am Mandarin Service Prayer Meeting
After the 11.15am service Young Adults' Lunch Fellowship

Last Sun of the month

9.00am Visit to Institute of Mental Health by Outreach & Social Concerns. Contact Yvonne Tan at 9091 8589 / yvonnatangb@gmail.com
www.tmc.org.sg/osc.html#imh

Every Wed (not 22 Aug)

8.00pm Church Prayer Meeting
www.tmc.org.sg/prayer.html

Every 1st Wed

10.00am-12.00pm
Yum Cha@10 is an opportunity for people to come together for fellowship, and serves as a platform for TMCers to meet one another as well as non- Christians in the community mid-week. Contact the church office / churchoffice@tmc.org.sg
www.tmc.org.sg/ministries.html#gym

1.00-3.00pm
Rummikub

Every Thurs (not 9 Aug)

9.00am A Tot-ful Morning
A time for caregivers and children aged 0-3 years old to enjoy songs, stories and other activities
www.tmc.org.sg/highlights.html#atm

Last Thurs of the month

10.00am-12.00pm St Luke's Eldercare Centre Devotions at Blk 217 Serangoon Ave 4. TMC's ministry to SLEC brings hope, help and the love of Christ to many needy elderly. If you wish to join in, contact Eddie from the church office / eddie@tmc.org.sg.
www.tmc.org.sg/osc.html#slec

Every Fri (not 15 Jun)

8.00 – 10.00pm
Healing Ministry at the Prayer Chapel

Every 1st and 3rd Fri

9.15am WSCS Bible Study (Acts)

Every Sat (except 5th Sats)

9.00 – 11.30am
Fellowship of Ukulelians
www.tmc.org.sg/regular.html#ukulele

Every 1st Sat

4.30pm Youth Ministry - Worship, Word and Community
www.facebook.com/TMCYouthMin/

Monthly

WSCS Visitation to Homebound. Those interested to bring the church into the homes of the homebound, please contact Lucy Chan at 9678 4046. Group leaves TMC at 10am.

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