# Sep Saltshaker



MICA (P) 083/09/2013

那 " 上好的 福分 " **PG 16** 

**Anniversary Special** 

DREAM BIG. START SMALL. BUILD DEEP. PG 32 MORE THAN HI AND BYE PG 37





Me and my mother, Lee Poh Lin



by Lee Park Ming

My earliest memories were of the church in Cowdray Avenue where Trinity Methodist Church started. Church services and the Sunday School were held in houses at 79, 85, 87 and 89 Cowdray Avenue. 81 and 91 Cowdray Avenue were also later used for classes.

There were no fences around any compound and residents in Serangoon Gardens used to leave their doors open during the day. Children could chase one another into one house and emerge from another.

Church was very communitycentred as members would come in the evenings bringing their deck chairs and their food to share in pot-luck fashion.

Sunday services were a serious matter. Children were expected to dress in their "Sunday best" and sit quietly throughout the service. We were taught very early on to revere God.

When the church grew and the houses were not able to accommodate all of us, St Peter's (Anglican) Church allowed us to use their sanctuary for our Sunday Services. The youth groups from both churches also combined to run programmes together.

For quite a long time, we did not have ordained pastors in our church and my father, Mr Andrew Lee and Mr Lam Yet Seng took turns to preach at our services. My father served as preacher, greeter, choir director, missions and Sunday School superintendent - all at the same time. My mum, Mrs Lee Poh Lin, served as WSCS President and later as Pledge Trinity Theological Treasurer. College (TTC), at that time, would also send their students to TMC to serve or preach on Sundays. On communion Sundays, Rev Dr Olin Stockwell, the principal of TTC, would come to our church and serve Holy Communion.

We have had some truly good pastors who served at TMC. I remember Rev Christopher H Smith and Rev Chew Hock Hin as both of them greatly influenced my life. Rev Smith had great compassion for the poorest and His enthusiasm in weakest. meeting and working with other Christian denominations was infectious, as was his singing and his joy in serving the Lord. He taught counselling and always had a listening ear. Rev Chew made an impression on me with his steadfastness in Christ and his deep love to see others grow in Christ.

From a time of having no ordained pastors, TMC now has the honour of having sent out nine pastors who grew up in TMC. We also currently have two from the TMC family studying at TTC, and another two serving as missionaries in Cambodia.

When TMC's sanctuary was built at our present site, the youths were often tasked with cutting the grass around the church, painting the church, building and running the game stalls in the fun fairs to raise funds to pay for the church.

The youths also built the carpark with cement, sand, stones and wire mesh on which they ran taekwondo classes to reach out to the youths around the church who were either "disturbing" our youths or were into drugs as this was the "hippie generation". Till today, many of these youths who attended taekwondo classes, and who accepted Christ into their lives, are still active Christians.

With the help of trained counsellors from the Samaritans of Singapore (SOS), a number of our youths set up a coffee house ministry where our caretaker's quarters and the Prayer Chapel are now located. This coffee house ministry was like



Pioneers of the church, Mr & Mrs Tan Keng Hian

Taekwondo in the church car park

a drop-in centre every Saturday night, where anyone could drop in, listen to live guitar music, and have a cup of coffee, tea or soft drink and some titbits and chat with the SOStrained youths and some adults in our church.

Trinity Methodist Church has always been a very outreachminded church.

In those early days, Trinity Methodist Church (Methodist), St Peter's Church (Anglican) and St Francis Xavier's Church (Catholic) combined to carry out evangelistic outreach in Serangoon Gardens either in the field where Serangoon Gardens Country Club is now situated, or in the Paramount Theatre where My Village is now located.

Also in the early days, every Christmas, the Methodist Youth Fellowship (MYF) and the choir would put up a nativity scene. This consisted of live figures and caroling as well as a fully-painted backdrop, and painted and cutout full-sized figures of Joseph, Mary, baby Jesus, shepherds, wise men and animals, etc. Mr Victor Seah, who now serves as church archivist, was the main artist in painting the backdrops and the life-size figures. The choir would come in at certain times in the evening to sing carols while there was a live nativity drama going on. They would sing from the rooftop above the present Prayer Chapel,

facing Serangoon Garden Way. The youths would act in the nativity scene or distribute tracts to passers-by and share the story of the Nativity with them.

Christmas carolling was a very big thing then. The youths in the church would pile into cars, and later on, into buses, to share the Christmas message with church members and the people in the neighbourhood.

And that's the way we were.



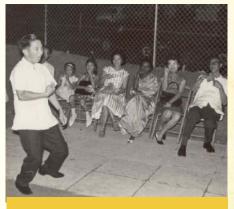
Rev Chew Hock Hin (front row far right)



Ground Breaking Ceremony by Mr Lawrence Pang, a pioneer of the church



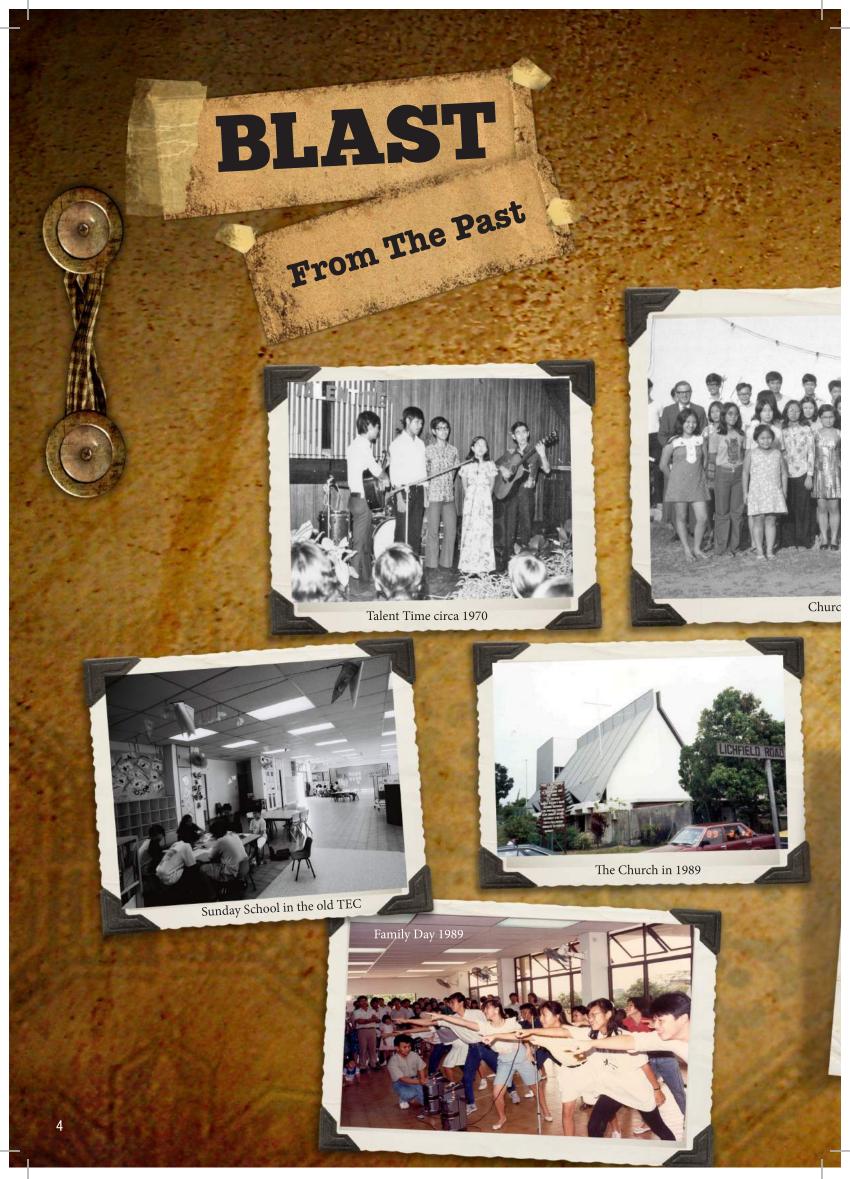
Rev Christopher Smith praying with children



Mr Andrew Lee (standing)



Mrs Lee Poh Lin (seated first from right) at a pot luck



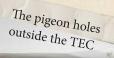
The Saltshaker thanks Heather Pates, Colin Lowe, Lee Park Ming, and the TMC Archives for the photo contributions.



Church Camp circa 1970

TMC Youth Choir (circa 1980)





TMC Youth Choir Performance (circa 1980)



Last night before the Deconsecreation of the premises in 2003



1962 MYFers



"(L-R) Yip Fook Yoon, Colin Yip, Doris Gwee

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Picnic at the then CK Tang bungalow







曾宝发牧师

On this special 58th anniversary edition of the Saltshaker, I offer my heartfelt congratulations to all past and present pastors, leaders, members and friends of Trinity Methodist Church. Without your contributions, we would not have come so far. Most importantly, we thank God for walking with us and working through us. It is indeed my privilege to be serving among you.

On this special occasion, I want to remind us that this is God's church, and He is the One who gives the growth. Acts 2:47 says, "...And the Lord added to their number day by day those who were being saved." This verse is from a summary passage of the early church after Pentecost in Acts 2:42-47. I suggest two reasons for the success of this early church, and how it is that God caused them to grow in number and strength.

### 1. Fix Our Eyes on God (Acts 2:42-43)

The first reason for their success was that they fixed their eyes on God.

When a church stops seeking God, when a church stops seeking spiritual things, we relegate ourselves to be like any other organisation. When God is not the focus of what we are and what we do, we lose completely the most important pursuit of the church - the pursuit of God.

The church in Acts was interested in spiritual things. They studied the apostles' teaching, they made time to fellowship with one another, to encourage and help one another grow in the faith. They were interested in the things of God and how God was working in one another's lives. And when they saw what God was doing, they were filled with awe as they saw the hand of God. Signs and wonders took place then in many forms, and they all recognised these as originating from God.

The church in Acts got it right. They had their eyes fixed on God.

### 2. Fix Our Eyes on One Another (Acts 2:44-45)

The second reason for the strength of the early church was that they fixed their eyes on one another. John Maxwell once said: "People don't care how much you know until they know how much you care." I cannot agree more with this statement. Looking at how the early church was described, this was certainly an important factor. They were together, they shared everything, they did not hold back anything from one another, especially those in need. This itself was very attractive. The majority of the people then, much like the majority of people now, did not behave like that.

We need to focus on others. If we focus only or mainly on ourselves, we will never be able to see the needs of others. How will we know that someone is in need unless our eyes are fixed on them? We need to take our eyes off ourselves and our own needs and fix them on others.

This is what a church must do. We are to fix our eyes on God and others.

This is very much how Jesus summarised the law. When asked "what is the greatest commandment of the law", Jesus answered in Matt 22:37-39 that it is to love God and our neighbours, and He emphasised in verse 40 that "on these two commandments depend all the Law and the Prophets." The early church certainly practised loving God and loving others. No wonder the church grew exponentially then.

As such, I have set three foci for the church. To develop disciples who model a community that learns and leads together, to create environments that foster spiritual transformation, and to establish processes that produce fruit.

### **Develop as Authentic Disciples of Christ**

All of us, even leaders, must begin as eager disciples. As a disciple learns his master's every move, imitates him in every way, walks in tandem with him, likewise must it be for us as authentic disciples of Christ. In keeping our eyes on God, we seek after God, learn from Him and follow after Him. Spiritual leaders are called to be true disciples. This must be the starting point of the church.

### **Environment of Spiritual Transformation**

In our endeavour to keep our eyes on one another, I call for us to create environments that are conducive for spiritual transformation.

Our first such natural environment is TMC, where we each belong. It was quite easy and natural for the early church to grow in discipleship once the apostles set the example; the people followed suit. TMC must be a home where newcomers are always welcomed by the warmth and genuineness of Christian love and fellowship. Other environments could be our respective small groups, our church committees, our project teams, even our own families. As long as we are in any of such environments, we play a part in creating and building an environment that fosters spiritual transformation – where we all can grow as authentic disciples of Christ. As fish thrive in an environment of water, so will Christian disciples flourish in an environment of holy love and grace, modelled after the example of Christ.

Over the last few months, I have been trying to introduce L3 DNA into meetings. L3 stands for "Loving, Learning and Leading". My prayer is that we will take every opportunity, even when we are meeting to discuss administrative matters in the church to love, learn and lead together. This means we take significant time to worship God during our meetings and, at the same time, find out how we can pray for one another and help one another grow towards being better disciples for Christ. Instead of diving into the business part of our meeting due to the time constraints, I hope that all of us will plan for and practise the more important part of our coming together, that is, to help one another become better disciples. It would be worth our time to do so even if it means that we slow down and do fewer activities, because it will certainly help us create the transformative environment necessary for discipleship.

### Invitation

There is an African proverb that goes like this. "If you want to go fast, go alone. If you want to go far, go together." I invite all of us to walk our spiritual journeys together. I would not want to walk mine alone, and even if I wanted to, I would probably not succeed. This is one reason why the motto "You'll Never Walk Alone" (hear, hear, all Liverpool FC fans!) means so much to me.

To help us to "go far", we are planning for a Discipleship Conference on 27 Sep 14 so that all who call themselves "Christian" can come together to commit to be disciples and disciplers at TMC (see p.11).

My prayer is that our spiritual journeys, taken together, will by God's grace and love go the distance to building TMC, 58 and beyond!

<sup>42</sup> And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers. <sup>43</sup> And awe came upon every soul, and many wonders and signs were being done through the apostles. <sup>44</sup> And all who believed were together and had all things in common. <sup>45</sup> And they were selling their possessions and belongings and distributing the proceeds to all, as any had need. <sup>46</sup> And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts, <sup>47</sup> praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved. (Acts 2:42-47)

<sup>42</sup> 他们恆心遵守使徒的教训,彼此 相通、擘饼和祈祷。<sup>43</sup> 使徒行了许 多奇事神迹,众人就都惧怕。<sup>44</sup> 所 有信的人都在一起,凡物公用,<sup>45</sup> 并且变卖产业和财物,按照各人的 需要分给他们。<sup>46</sup> 他们天天同心在 殿里恆切地聚集,一家一家地擘 饼,存着欢乐和诚恳的心用饭,<sup>47</sup> 又赞美 神,并且得到全民的喜 爱。主将得救的人,天天加给教 会。(使徒行传2: 42-47)

# 跨越58!

在这特别的58周年版,我恭贺三一堂卫理公会过去 及现在所有的牧者、领袖、成员和朋友。沒有您们 的付出,我们就无法走到今天。 当然,我们更要感 谢 神一路上与我们同行、同工。能够在你们当中服 侍确实是我的荣幸。

在这特殊的日子,我们也当谨记这是神自己的教会,唯有祂可以使之成长。使徒行传2:47" 主将 得救的人天天加给他们。"这节经文总结了记载在 使徒行传2:42-47中初期教会在五旬节后的状态。 对于 神何以让这初期教会在人数和实力上成长,我 欲指出两点:

### 1. 定睛在神身上(使2:42-43)

初期教会得以成功的最主要原因是,他们定睛在神的身上。

当一所教会不再寻求神,不再追求属灵的事,它将 沦为和其他机构沒有两样。当神不再是我们思想和 行为的中心,我们将错失了身为教会最重要的使 命——追求神。

而使徒行传所描写的初期教会是一所追求属灵之事 的教会。他们遵守使徒的教训,彼此交接、擘饼、 祈祷。他们渴望认识神,以及神在彼此身上所动的 工。当他们见识到神奇妙的作为时,他们的心中 不由得产生了敬畏之情。神迹奇事以不同的形式发 生在他们身边,但他们清楚认识到这都是神手做成 的。

使徒行传中的教会做了正确的选择。他们选择定睛 在 神身上。

### 2. 定睛在彼此身上(使2: 44-45)

初期教会得以成长的第二个因素是,他们定睛在彼 此身上。约翰·麦克斯韦曾指出:"人们不在乎你 知道多少,直到他们知道你有多在乎。"我非常赞 同这种说法。只要我们细心查看圣经中如何形容初 期教会,就会发现这确实是一个关键的因素。初期 教会经常在一处;他们毫无保留地共享着生活中的 一切。这种做法本身是充满吸引力的,因为和现今 社会一样,当时社会中的人们普遍不会这么做。

我们需要把精力集中在他人身上。倘若我们只关注 我们自己,我们将看不到他人的需要。除非我们定 睛在他人身上,否则我们将如何知道他们有什么需 求呢? 我们必须将眼目从自我转移到他人身上。这 是身为教会应该做的事。我们需要定睛在 神身上, 也要注目他人。

这恰恰是耶稣所总结出的诫命。马太福音22:37-39记载,当被问及"律法上的诫命,哪一条是最大 的?"时,耶稣答道我们当尽心、尽性、尽意爱主 我们的神,又当爱人如己。并且,他强调"这两条 诫命是律法和先知一切道理的总纲"(40节)。初 期教会着实做到了爱神、爱人。难怪他们能够如此 迅速地成长。

有鉴于此,我为我们教会拟定了三大学习焦点: 一、培养共同学习、领导的领袖;二、创设一个促进属灵转化的环境;三、推动结果子的程序。



### 成长为基督真正的门徒

我们众人,包括领袖在內,都必须是热心追求神的 门徒。就如一位学徒努力地效法师傅的所有动作一 样,我们也当竭力效法基督。我们需定睛在 神自己 身上,渴慕祂、寻求祂、跟随祂。属灵的领袖首先 必须是真正的门徒。这是教会的起始点。

#### 属灵转化的环境

在我们学习注目他人的同时,我吁请大家合力创设 一个促进属灵转化的环境。

对我们而言,最直接的环境就是我们所属的三一 堂。我们从初期教会观察到:一旦使徒们制定了榜 样,众人便可效仿,教会也就轻易地在门徒训练方 面大大长进。三一堂必须是一个温暖的家,让新来 的朋友也能感受到基督真实的爱与团契。另外,我 们的小组、教会委员会、事工团队,乃至我们各自 的家庭都可以是促进属灵转化的环境。不论在任何 一个环境,我们都应该积极地建立一个适合我们灵 命成长的环境。正如鱼儿在水中能茁壮成长,基督 徒处在一个充满 神的爱与恩典的环境方能学习基督 的样式。

在过去的数月中,我一再尝试在会议中推广"L3 DNA"。所谓"L3",指的是爱心(Loving)、学 习(Learning)及领导(Leading)。(英文的DNA 为英文Deoxyribonucleic acid的缩写,是组成基因的 材料。有时被称为"遗传微粒"。)我新望我们能 善用每一个机会,即使在讨论行政事宜的会议上, 也来一起操练"爱心、学习和领导"。这就意味着 我们在会议上必须花时间来敬拜神,并且为彼此找 身到事项的讨论中。我们需要意识到我们聚在一起 有个更重大的意义,即帮助彼此成为基督更好的门 徒。即使这么做会放缓我们事项讨论的进度,但我 深信这将帮助我们创设一个更适合门训的环境;花 在神身上的任何时间必定不是徒然的。

#### 诚邀

有一句非洲谚语是这样的:"如果你想走得快, 请独行;如果你想走得远,需同行。"我诚意邀 请各位与我一同走这属灵的旅程;我不希望独自 行走在这条路上,即使我愿意,我猜想我也不可能 独自走到尽头。正因为如此,我非常看重利物浦 (Liverpool)的座右铭:"你永远不会独行"。

为了协助我们"走得远",我们计划于9月27日举办 一场门徒会,让所有基督徒能在三一堂相聚,再次 坚立我们做门徒的心志。

我祈望 神能使用我们共同的属灵旅程,带领我们的教会——三一堂,跨越一个又一个的58年!





# **DISCIPLESHIP CONFERENCE**

Everyone in TMC a Disciple who Makes Disciples

### Sat 27 Sept | 9.00am – 3.00pm | Trinity Methodist Church

Keynote Speaker : Rev Alvin Chan (includes Panel Discussion and sharing of the Discipleship Roadmap)

What is the L3 DNA that all Christians should have? How does spiritual formation happen? How do we make disciples?

> Come, Listen, Envision, Respond... to Christ's mandate to go and make disciples.

Register at **www.tmc.org.sg/highlights.html#conf** or at the iSunday Counter Contact **Park Ming / 6282 4443 / parkming@tmc.org.sg** for further information.



loving · learning · leading

THE BEST PART OF THE YOUTH RETREAT FOR ME WAS **GETTING TO BOND WITH MY FRIENDS. I ALSO LEARNT** DURING THE SPEAKER SESSIONS THAT YOU ARE YOUR OWN ENEMY AT TIMES. AND YOU CANNOT BE IN DARKNESS AND IN LIGHT AT THE SAME TIME. - ISAAC SEE



Kenda Dean, Professor of Youth, Culture and Church at Princeton Theological Seminary, once said: "Youth Ministry is like a crystal ball: Want to see how the Church might look like in 20 years? Then look into the Youth Ministry of your Church."

You can find the Youth Ministry of TMC every Sunday morning in the Upper Room. We gather to worship, pray, and study the Word of God together. And sometimes eat together too! But it's a lot more than that - we're also passionate about building a community of disciples which loves God and the people around them.

It has been a challenging and yet exciting year for the Youth Ministry.

We've undergone a number of changes in our leadership. Our vision and mission statement has been given a new makeover. We've seen many new faces join us and become part of the TrinityYM family. God has indeed been good and faithful!

Over the past year, our focus in the Youth Ministry has been on laying foundations and "building the Home." One of our desires is for the youths to begin to see the Youth Ministry as a big family, where they can come and journey through life together, even beyond their youth.

A Youth Retreat that we organised recently, called Phos 2014 (Phos means "light" in Greek), reflected this focus of the ministry. Over three days and two nights, we had over 50 youths attend the retreat. Some of the retreat activities included speaker sessions with Pastor Alvin, who encouraged the youths to begin to be "children of Light" (Eph 5:8), a sunrise devotion at East Coast Park, as well as a BBQ together on the final evening.

We have also been spending the first half of 2014 diving deeper into the Word of God with a "DNA" series, exploring some of the fundamentals of our faith. Amidst this, we've been privileged to hear from various guest speakers, who have encouraged and inspired us with their testimonies and sharing.

Moving forward, we have an exciting and challenging season ahead of us.

One of our biggest focusses in the next half of the year and beyond is on Discipleship. We want to begin developing discipling relationships within the Youth Ministry, and begin to raise up disciples who make disciples.

It is our prayer that the Youth Ministry of TMC will be a community of disciples, and a home where all are welcomed and treasured.



GOD'S NEW COMMUNITY

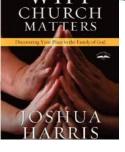
Graham Beynon

New Testament patterns for today's church



### **GOD'S NEW COMMUNITY** Author: Graham Beynon

When someone uses the word "church", what comes into your mind? A building where a congregation meets? A room inside such a building? The main Sunday meeting? A denomination? Graham Beynon shows that when the Bible talks about "church", it is always referring only to people and a particular sort of people at that. From a range of key passages in the New Testament, he explains what church is, what it is for, how it is to work, how it is to be led and what it means to belong to God's new community in Christ.



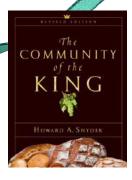
#### WHY CHURCH MATTERS Author: Joshua Harris

We were never designed to live our faith in isolation but the fear of commitment which plagues some Christians has caused them to become dry and isolated despite attending service every Sunday. When we refuse to root ourselves in a church, we deprive ourselves, our churches and the world from God's best. Through this honest, personal and practical book, Joshua Harris shows readers why it is important for us to be planted and committed to a church!



#### **ENCOUNTERING GOD TOGETHER** Author: David Peterson

Church services are an opportunity for Christians to gather together and encounter God, even as He builds the church through us when we use His gifts to minister to one another. Through this book, David Peterson helps readers to have a better understanding of the biblical foundations of worship and the meaning and purpose of gathering together. He also touches on more sensitive topics like what acceptable worship is, how we can plan corporate worship biblically and creatively as well as how we edify the church!

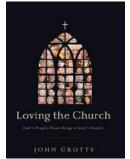


### COMMUNITY OF THE KING

Author: Howard Synder

For over 25 years, Howard Snyder's Community of the King has set the standard for a penetrating look at the relationship between the kingdom of God and the church. While the Church is a part of God's dramatic plan to reconcile all things to Himself, many Christians do not understand the nature of the kingdom and its implications for the church in daily life.

In this book, Snyder sets forth his theology of the church and gives practical guidelines for those concerned about church life and their own spiritual growth.



#### LOVING THE CHURCH Author: John Crotts

This book follows the story of five friends as they wrestle with important questions about the church. After each discussion, John Crotts leads the reader in understanding the beauty and joy of being a member of the household of God.



### NO OTHER NAME -HILLSONG (CD)

"No Other Name" is this year's highly anticipated annual Hillsong Worship album release, with 11 original songs perfect for individual and congregational worship. More than just songs, this album aims to give voice to individuals and churches across the earth, unifying them in a declaration of worship that is lifted to and for no other name but Jesus!

### TMC RESOURCE CENTRE

You can also borrow books related to the church from the TMC Resource Centre on Level 2. Some available titles are:

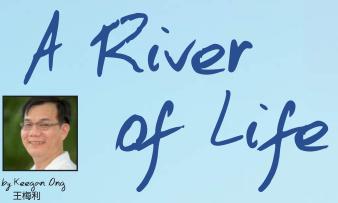


Transforming Your Workplace for Christian Community: 10 studies for individuals or groups by Rob Suggs.



The Good and Beautiful Community: Following the Spirit, Extending Grace, Demonstrating Love by James Bryan Smith.





TMC's Mandarin service had its beginnings in a small group called River of Life.

In 1998, this close-knit group of seven persons met to pray, fellowship and encourage one another ... in English.

When one of our brothers married a lady who was educated in Chinese, we started to share our spiritual walks and minister to one another in Mandarin so as to edify this sister. All this took place before we even had a hunch of what was to happen.

This was how the Lord prepared us for ministry - first, as a Chinese ministry, and later as a Mandarin service.

When TMC was worshipping in temporary premises at Paya Lebar Methodist Girls' Primary School (PLMGPS) in 2003, one of our brothers, Jacob (now Country Director in Cambodia under the Methodist Missions Society), saw the need to reach out to the Chinese-speaking people around the neighbourhood. He shared this thought with the then-Pastor-in-Charge Rev Philip Lim. Pastor Philip suggested that the group start out as a Chinese ministry.

In the beginning, we did what we could with our makeshift premises. We worshipped in the canteen of PLMGPS. The screen used for projecting the song lyrics consisted of a piece of white cloth and a PVC pipe for a pole – that was my invention!

Despite the unsophisticated set-up, the Lord blessed the Chinese ministry with more and more people. We celebrated our first anniversary in November 2004 at PLMGPS.

When we moved back to Serangoon Gardens, we started worshipping in the Prayer Chapel. By God's grace, even more people joined us, and more people stepped forward to serve such that we managed to form a committee.

The Chapel quickly became too small for our community, and we had to move to one of the bigger rooms within a year of moving back to Serangoon Gardens, and then into the Sanctuary in 2006 where

we have been worshipping since.

Since day one, we have organised many evangelistic events, all aimed at bringing the Gospel to the unreached. As we labour together with the Lord, He has given us abundant blessings. Today, we have a team of emcees, worship leaders, musicians and backup singers to support the Mandarin service.

This year, we held our third family camp in Batu Pahat (see article on p.17).

Looking back at the history of the Mandarin service, it is amazing to witness the Lord's hand in preparing and leading and us in our growth. We continue to learn to trust God in every detail of our lives, to listen and obey Him whole-heartedly, always yearning to see His glory in our walk with Him.

The original River of Life small group has dispersed as each member has matured and started new spiritual journeys with others elsewhere. But the spirit of that small group continues to flow in the Mandarin service, pointing others to THE river of the water of life.

The Mandarin service has its services in the Sanctuary at 1100am every Sunday. 华语崇拜每周日上午11时在圣殿进行。

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三一堂华语崇拜的开办可追溯至一个小组命之河"。 "牛

那一年是1998年。小组中的七名成员时常相聚, 起祷告、团契,并相互鼓励。当时,我们用以沟通 的,其实是英语。然而,当其中一名弟兄娶了一位 受华语教育的女子时,小组开始尝试使用华语进行 分享,以便造就这位姐妹。那个时候,谁都沒有料 想到日后会发生什么事。然而, 神却是如此奇妙地 预备着我们,从一个小小的事工,发展成为今日的 华语崇拜。

2003年,三一堂暂时在巴耶礼峇美以美女校(小 学)聚会。当时,小组中的一名弟兄——张绍群( 现任卫理公会宣教会社之柬埔寨宣教主任),认为 教会有必要深入到邻里的华语社群。于是,他将这 一林明福。林牧师建 个想法告知当时的主理牧师-议小组开始成立华语事工。

起初,受到场地的限制,我们只好在巴耶礼峇美 以美女校(小学)的食堂进行敬拜。我们用以投影诗歌歌词的,竟是用白布和PVC管制成的"屏 幕" 那可是我想出的点子!尽管设施简陋, 旧 神依然大大地祝福我们,加添得救的人数。2004年 的11月份,我们在巴耶礼峇美以美女校(小学)迎 来了华语事工的第一个周年庆。

当我们重返实龙岗花园时,我们开始在祷告室敬 拜。因着神的恩典,前来参与敬拜、服事的人越来 越多。很快地,我们成功地设立了一个委员会。

随着人数的增长,我们在回返实龙岗花园的一年 內,将聚会的地点从祷告室迁移到另一个较大的房间。终于,在2006年,我们迁至圣殿。此后,我们 的聚会就持续地在圣殿进行。

自成立以来,我们举办了不少布道活动,旨在将福 音带给更多未信者。当我们与神同工时,我们也从 祂那里领受了丰盛的祝福。目前,华语崇拜已有一 群固定事奉的弟兄姐妹,包括主席、领唱、伴唱 等。

今年,我们也在峇株巴辖举办了华语崇拜的第三个 家庭营" (请看第16页) " 。

回顾华语崇拜的历史,我们真的看到神手奇妙的工作。在祂信实的装备与引导下,我们渐渐学习如何 倚靠祂,全心全意地遵从祂,并渴望在我们的属灵 旅程中见证祂的荣耀。

如今,随着成员们的成长,原先的"生命之河"小 组已经分散到不同的教会。然而,小组的精神在华 语崇拜中依然延续着,指引着人们归向那赐予生命 的源流。



Rendering a song at an outreach event 在外展活动中献唱。



Parents' Appreciation Night 2010 2010年 孝亲节晚会。





Bible study at the PLMGPS canteen - Jul 2004 在巴耶礼峇美以美女校(小学)食堂查读圣经 - 2004年7月



Singing to God at PLMGPS - Mar 2004 在巴耶礼峇美以美女校(小学)礼堂歌颂赞美主 - 2004年3月



by Li Coxi Yun 李彩韵

今年六月份,卫理公会三一堂华语崇拜在峇株吧辖 (Batu Pahat)举行了为期四天三夜的家庭营。本 次营会的主题是"茁壮成长"。"成长"这个词, 似乎更常用于幼年人。从呱呱坠地到牙牙学语,从 蹒跚学步到四处乱跑,孩童的成长是何等显著!反 之,成年人的成长仿佛就不那么明显,除非阔别多 年,否则有时候甚至看不出来。对于这种现象,我 们似乎已经视为理所当然,甚至认为属灵的生命也 应是如此。

其实不然。

这次的家庭营,正是以培灵为目的,希望参与的每一位弟兄姐妹,不论信了主几年,都能在灵命上不断长进。讲员黄坤成牧师围绕着主题,将信息分成了四个部分:第一讲重申了我们作为"受造物"的身份;第二讲強调与主连结的重要性;第三讲处理"老我"的难题;第四讲则以马利亚和马大的故事,再次提醒我们当选择那"上好的福分"。

黃牧师指出,"我们原是 神手中的工作",我们生 命的成长与成熟也是 神的工作。于是,任何依靠自 身力量追求成长的努力都终将是徒然的;外表上力 求模仿基督,里面其实充满了自义和骄傲。真正的 成长,必须从认清我们的真实身份开始。作为"受 造物",我们要让 神来做工,因为"凡不让 神做 工的,就不能为 神做工,真正的事奉乃是基督生命 的流露。"

家庭营为我们提供了

——陈光嫦姐妹

眞希望每年都能举办

神的机会,

### 参与者反馈

原来,我们的灵命之所以停滞不前,很大的原因在 于我们忽略了那位唯一能让我们成长的 神。我们努 力地通过各种外在的途径(包括读经、事奉等等) 企图让自己成长,却忽略了要与生命的源头连结。 像圣经中的马大一样,我们在忙忙碌碌中,竟错失 了那"上好的福分",即花时间安静地在主面前等 候。诗篇46:10"你们要休息,要知道我是 神!" 对于这句经文,相信我们如今有了更深一层的体 会。然而,实际操作起来却一点也不容易。在营会 上,弟兄姐妹们有机会练习如何安静地在主前,不 再是用理性的祷告向 神呼求,而是专心地来到主的 面前,享受着 的同在。这时,习惯了"做事"的 我们,确实感到有点别扭。等候主、与主连结就能 成长,听着简单,其实也需要操练!

上好的福分

与此同时,家庭营也为弟兄姐妹们提供了相互团契 的机会。正如一位姐妹所说,家庭营增进了弟兄姐 妹之间的认识与了解,"这是平常在教会时不容易 做到的"。营会的第一天,通过"破冰游戏", 我们不仅认识了所有参与的弟兄姐妹的名字,更了 解到了关于他们的一件事,包括饮食上的喜恶、兴 趣爱好等。往后的几天中,弟兄姐妹们一起生活、 一同敬拜,真正地在主里成为一家人。一名因为在 马来西亚工作而无法常到教会参与崇拜的弟兄就指 出,"参加这次教会营,真的就好像回到老家能够 跟进很久沒有碰面的弟兄姐妹的生活近况,同时认 识一些新来的弟兄姐妹"。

我们眞心地为着2014年华语崇拜家庭营的圆满落幕 向神献上感谢。也期待神能帮助我们持守我们在家 庭营中所学习到的功课,以及所建立的关系。



靜心亲近

次!

"The camp gave us the opportunity to get close to God. I hope this will be an annual affair." – Sarah "我看到大家眞的就像一家人。弟兄姐妹们也很有进取心,渴慕更深地认识神。"——姐妹(参加另一所教会的聚会,为陪伴姐姐而参与这次营会)黃令芳姐妹

"This camp was novel to me. We sang very nice songs at the camp. Many things which were unclear to me have been made clearer." – First-time camper, Huang Ling Fen

What is Better

In June this year, TMC's Mandarin Service went on a 4-day-3-night family camp at Batu Pahat. The theme for the camp was "Growing Strong".

The word "Strong" is usually associated with young people. And "Growth" may be most evident by a baby's babbling of "goo goo" to his first utterance of "dada" or "mama"; from crawling on his knees to taking his first little steps. The growth in an adult is less obvious. Unless you have not seen someone for many years, the changes he has gone through may not be apparent. We take this gradual change in appearance for granted and tend to treat (erroneously) our spiritual lives the same way too.

The main objective of this family camp was to encourage every brother and sister to grow continually in their spiritual walk, whether they were new converts or long-time believers. Rev Ng Khoon Seng, the camp speaker, reaffirmed our identity as God's creatures. He also emphasized the importance of connecting with God. He taught us to deal with the issues that arise from self-centredness, and recalled to our minds us the story of Mary and Martha Lk 10:38-42), reminding us to choose "what is better".

Rev Ng pointed out that, not only are we created by God, our growth and maturity are also the work of His hands. It is therefore futile to depend on our own strength to achieve growth. To all outward appearances, we may seem to be modeling after Christ, but inwardly, we might be filled with selfrighteousness and pride. Real growth starts when we recognise and acknowledge our real identity in Christ. As creations, we must let the Creator do His work. Any work of service which does not acknowledge God as sovereign, is not God's work; true service reveals Christ, and flows from vibrant Christian living. Our spiritual growth stagnates because we neglect the God who can help us grow. We employ various methods (including bible study, service etc) to grow, but we overlook our Lifeline - the Giver of Life Himself. Like Martha, in busying ourselves with this and that, we miss "what is better". We miss sitting and waiting at His feet. Ps 46:10 says: "Be still, and know that I am God". Whereas we may know this verse by heart, and have some understanding of it, most of us find difficulty practising still-ness. The campers were afforded an opportunity to practise being still – to cease rational prayers, and instead to concentrate on basking in His presence. Those who are fond of "doing" inevitably found this exercise uncomfortable. Indeed, waiting upon the Lord and connecting with Him to grow may sound easy to do, but one must in fact exercise oneself in this spiritual discipline.

Amidst the hard truths, there was time to fellowship. One sister said that the camp fostered better understanding between brothers and sisters in Christ. "This is not easily done at our usual services." During the ice-breaker games on the first day, we got to know all the campers' names, and at least one thing about each of them, including the food they liked and disliked, their hobbies and so on. Living and worshipping together over those few days really made us feel like one big family. One of our brothers who cannot attend our services regularly because he works in Malaysia had this to say: "I felt really at home at this camp. It was a time to catch up with many people whom I haven't seen for a while, and to meet new people as well." We give thanks to God for the success of the camp, and look forward to Him helping us to be steadfast in putting to practice all that we learnt, and to keep in touch with the friends we made.







## Praying with the Psalms

by Kwa Kiem Kiok

In an earlier article, I said that the Psalms teach us to pray. The Psalms are the prayers of God's people over the generations and continue to teach us by giving us words and ideas and pictures to speak to God. I knew someone whose only prayer, at least in public, was "Lord thank you for blessing us." While I agree that the Lord blesses, what does "bless" mean?

We use the word quite loosely, and sometimes unthinkingly. We say "pot blessing" because some people don't want to use the word "luck" to refer to a gathering where each person contributes a dish. We say "Blessed Birthday" because it sounds more holy and Christian than saying "Happy Birthday". We ask the Lord for "blessing" meaning that we want the road of life to be smooth and easy; and then we complain when we fall sick. Can't sickness, which forces us to face our own fragility and therefore seek greater dependence on God, be a "blessing"? If our only prayer is for "blessing" it seems quite shallow.

In the Psalter are two types of Psalms which can help us pray. First are "Salvation History" Psalms – 78, 105, 106, 135, 136; and second are "Wisdom" Psalms namely 36, 37, 49, 73, 112, and 127.

### **Salvation History**

These psalms retell the story of God's relationship with Israel, the wonders he has done, his miracles and his judgments; but also, God's anger rose against his people and "he put to death the sturdiest among them, cutting down the young men of Israel" (78:31). A close and detailed reading of these Psalms is like reading through the books of Genesis, Exodus and Judges, with the benefit of reflection, and from God's perspective.

These Psalms, said or sung in community, remind everyone about God's actions in their community in these generations. We so often forget, and it is times like now, the church anniversary (or our birthdays and other anniversaries) when we look back, remember and give thanks. As TMC we remember the old TEC (Trinity Education Centre) Hall where a generation or two of us had Sunday School, and we remember the dark Upper Room where ABCs (Adult Bible Class) were conducted. We remember, and are grateful to God, because these places were the contexts which shaped our spiritual growth and experiences.

Remembering the past therefore mobilises us to act on our knowledge and experience of God to grow in maturity. This is why it is helpful to keep a journal of our spiritual lives so that we have a record of our journey to remind us of how the Lord has acted, the lessons he has taught, scriptures that have been shared and become meaningful to us. We are prone to forget and need these constant reminders.

### **Wisdom Psalms**

These Psalms are about those who follow God's ways (the wise) and they are often contrasted with those who do not (the evil or wicked). The contrasts are striking. The Psalmist is not in a holy bubble: he is well aware that there are those who draw the sword and bring down the poor and needy (37:14), and in the world it often looks like the wicked are "always carefree and increase in their wealth" (73:12). Even so, the Psalmist prays that he will follow God's ways: "Blessed are those who fear the Lord, who find great delight in his commands, ...Good will come to those who are generous and lend freely, who conduct their affairs with justice" (112:1, 5). According to Psalm 37, the qualities that God's people should have include doing good, waiting patiently for the Lord, refraining from anger and turning from wrath, being meek, and being poor and powerless.

"The Lord loves the just and will not forsake his faithful ones" (37:28). Let us pray aloud these Wisdom Psalms as a way of growing in maturity and wisdom.



### THE POWER AND DISCIPLINE OF PRAYING TOGETHER

by Sim Cher Khee

At 7.30 am on every second and fourth Sunday of the month, TMC's fortnightly church prayer meeting ("CPM") is held in the Sanctuary for 45 minutes.

A simple structure is adopted. The meeting begins with the singing of a few hymns and songs, followed by the sharing of God's goodness and grace with our testimonies or from His Word. The meeting continues with prayers for the life of the church and the body of believers in Christ at TMC. We pray for concerns like our pastors and the pastoral team, the various ministries' plans, and our church leaders' and members' spiritual growth.

### What is the reason for the CPM?

Firstly, it recognises TMC's dependency upon God for the life of His church: that the church will function well and be healthy. A regular time is therefore set aside for His children to seek God and to tell Him of TMC's needs, and to ask Him for direction and provision.

The second reason is to provide a means for those who are concerned for the church and serious about their prayer life to encourage and inspire one another by praying with other believers. This develops discipline in one's prayer life and secondarily, facilitates fellowship and caring for fellow believers.

Dr Ang Poh Kit, Associate Lay Leader and prayer ministry team member, reflects upon her attendance at the CPM:

"Prayer is extremely important to me as a believer – this is my vital link to God. When two or three are gathered in prayer, He will be in our midst. I believe in the power of prayer. I believe that when more people pray together at the same place, with pure and contrite hearts, our prayers will have greater power and impact. Attending such an early prayer meeting takes discipline and commitment but I am eager to meet our God with other believers to pray."

In the early church that began at Pentecost (Acts 2:2), we see the entire church of believers praying together. This was after Jesus had ascended to heaven, and as the believers were together waiting and praying, the promised Holy Spirit came upon them. Likewise, in Acts 12:5 and 12:17, we read about Peter being arrested, jailed and yet as the whole church interceded for him, the Lord answered their prayers and Peter was led out of prison miraculously! That is the power of prayer so clearly written for us in the Bible.

From the Old Testament too, we read that God instructed Solomon about the need for all the people of Israel to pray to Him in repentance to restore their land: "If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land." (2 Chr 7:14)

Ms Alice Lim, our Lay Ministry Staff who regularly attends the CPM, believes that the heartbeat of God is for His people to come together in unity with one heart and mind for Him to reveal His purpose and plans for His church. What is amazing and wonderful when a church gathers together to pray is that all of us are saying we are in unity and we belong to the same family and team. Praying in agreement leads to living in agreement with one another. We therefore encourage, trust and support one another as we pursue the same goal and share in the ultimate victory – which is that TMC is strong and makes a difference for God's Kingdom and His glory.

Praying individually for the church is commendable, but as we act on His Word to seek Him by praying together regularly, we can and will move God to hear from heaven, forgive our sin and heal our land. As we seek to be faithful and obedient in this, I believe that God will honour our faithfulness and bless the work of our hands.

Why is it is necessary to move beyond praying on one's own or in one's ministry group, and pray for the church at the CPM?

DL Moody once said: "When it is hardest to pray, we ought to pray the hardest." Our Lay Executive Staff, Lee Park Ming, shared this reminder from Moody with me and pointed out that prayer is more a discipline than a feeling. If one's desire is to pray for TMC regularly, joining a group of like-minded people (at the CPM) will probably help us be more disciplined and successful in this area. I am the first to admit that I prefer to pray on my own, at my own time and in my home, but at the same time I know without a doubt that I won't succeed praying regularly for TMC by myself because of my inherent weaknesses and the many distractions I face.

I extend an invitation to anyone who has yet to attend any CPM to do so in the next one to two months. Your presence will encourage everyone at the CPM. It is also an opportunity for you to pray with us for TMC. As to whether you come regularly after that first visit, you can decide later as you pray about the matter.

We ask all readers to uphold the prayer ministry by your petitions to God. We sincerely need your prayer support in asking God for discernment, good health and protection for those serving in the prayer ministry.

#### www.tmc.org.sg/prayer.html



I have attended several Children's Ministry retreats in the past years and I never fail to find them ever so refreshing.

Apart from it being a break from work, retreats give me more time to read His Word and opportunities to fellowship with friends.

Alan and Catherine are a couple deeply passionate for God. Moving by the Spirit, they facilitated the retreat in a rather charismatic style. I was greatly enlightened by the teaching, based on the book "Song of Solomon".

There is a two-fold test that God's disciples may experience and should be prepared for.

Alan taught us that, as we draw closer in intimacy to God, abiding in His Word, God may test us to bring us to a higher level of spiritual maturity.

The first test is in Song of Solomon 5:6. From this verse, we learn that our faith in Him will be put to test when "God's presence is withdrawn from us". Do we then continue to walk by faith or by sight? Do we rely on our feelings or keep our focus on Him, never doubting He is sovereign in the world? We must be like the man who built his house upon the solid rock, steady and unshaken during the storms and trials of our lives.

The second test is found in verse 7. Here "the bride lost her place in ministry". We were challenged to ask what our motives are when we serve in church.



### If our identity is with God, we will fear God, as did King David. If our identity is with man, then we would fear and please men as did King Saul.

We had a refreshing and exciting adventure as we played Treasure Hunt, an interactive spiritual game which involved hunting for someone (our treasure) to bless. We asked the Holy Spirit for clues that would lead us to find our "treasure" so that we could offer words of blessings to them. We had to be thickskinned to approach a complete stranger to impart God's blessings. As I prayed, I thought of a lady, in her middle age, with long hair. We almost gave up the hunt as we could find no one who matched the descriptions revealed to us. As we were on our way back, we actually saw a lady who fitted our clues, just outside the meeting room. She responded very positively when we asked if we could pray for her. She even requested prayers for her family and work. We were truly exuberant to have that wonderful opportunity to pray with her and to bless her with words of encouragement. I recommend this game as one that can bring us into the community to share God's love in a fun and non-threatening way.

I pray and hope that all teachers and helpers of the Children's Ministry will be encouraged to join the 2015 retreat for another "wow" experience with God. Such experiences are priceless – you need to be there to experience it!

"6I opened for my beloved,
But my beloved had turned away and was gone.
My heart leaped up when he spoke
I sought for him, but could not find him
I called him, but he gave no answer.
"The watchmen who went about the city found me
They struck me, they wounded me;
The keepers of the walls
Took my veil away from me."

(Song of Solomon 5:6-7)

Have we worked so hard and spent so much time in ministry that we have lost our focus on God and the ministry has now become our god?







# Our Church at Worship

by Rev Dr Kang Ho Soon

Someone once asked me how I would characterise the Sunday worship service at Trinity Methodist Church. I replied: "Our worship service is God-focussed, Christ-centred and Spirit-led".

William Temple, Archbishop of Canterbury (1942-1944), explains why God is at the heart of our worship experience when he says,

"Worship is the submission of all of our nature to God. It is the quickening of conscience by His holiness, nourishment of mind by His truth, purifying of imagination by His beauty, opening of the heart to His love, and submission of will to His purpose. And all this gathered up in adoration is the greatest of human expressions of which we are capable."

It is my firm belief that when we worship, we are presenting our lives for God to act and transform, and opening ourselves for change to take place so that we can be better disciples of Christ in the world

|saiah's Experience

One of the finest examples of such a worship experience is described in Isaiah 6:1-8.

Filled with a deep concern for his people, the young Isaiah went to the temple to worship. As he sat in the temple, he was so overawed by the greatness and majesty of God that, together with the angels and the heavenly voices, he praised God in a very dramatic fashion: "Holy, holy, holy is the Lord of hosts; the whole earth is full of His glory."

As soon as he had finished his praise, a profound sense of his own sinful nature and unworthiness swept over him and he cried out: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips."

While in the spirit of humility and posture of prayer, there came upon him a realisation that God had forgiven his sins and that he had been restored to a new and purified relationship with God – "your guilt has departed and your sin is blotted out". Immediately, he heard the voice of God inviting him to dedicate himself – "whom shall I send, and who will go for us?"

With a heart overflowing with gratitude and thanksgiving for what God had done for him, Isaiah submitted his whole being in dedication and commitment to God: "Here am I; send me!"

Clearly, Isaiah's worship experience goes through five identifiable movements or segments: Preparing, Praising, Praying, Proclaiming and Promising.



Our Sunday worship service at Trinity Methodist Church mirrors much of Isaiah's worship experience, but we have added two other movements: Participating and Partaking.

### 1. Preparing

Preparation for worship begins the moment we are awake and as we make our way to the church. We hear the chimes from the bell tower calling us to enter the house of the Lord and Join His people in worship.

When we step into the sanctuary and sit on the pew, we cease our conversation with one another and start communing with God through Silent Prayer and Meditation. The soft and gentle music from the public address system or from the organ creates the atmosphere for us to focus on God.

When the choir, like the host of heavenly angels, breaks forth with the Introit, it signals to the worshipper that the time for the outpouring of our praise to God has begun.

### 2. Praising

The Call to Worship is an invitation by God to us through the worship leader. All the scattered thoughts of the worshippers are gathered into one when we listen to the words of the worship leader and respond to the Call accordingly. When we sing the Hymn of Praise, we are directing our praise and sense of wonder to God. The mood is one of jubilation, praise and adoration. We conclude this segment with the Affirmation of Faith and the Gloria Patri which in Latin means a "doxology" or a "short hymn of praise".

### 3. Praying

Having been brought into the holy presence of God through praise, we are now ready to bring our prayers to Him. The Prayer Song is specially chosen to prepare our hearts and minds for prayer. The Silent Prayer is a time for us to offer our individual confession and concerns to God and to receive God's forgiveness and pardon.

Then the worship leader offers a Prayer On Behalf Of All. The prayer usually includes intercessions for the people, the church, the nation and the world.

As soon as we have expressed our prayerful concerns and received God's forgiveness and the assurance of His love, we say or sing the prayer which our Lord Jesus Christ taught us. This signifies that we are now ready to embrace whatever befalls us from the One who receives our past and opens our future toward life in His Kingdom.

The organist, sometimes accompanied by the Choir, usually ends this period of prayer with meditative music or song.

### 4. Participating

The Greetings & Welcome and the sharing of the Church Concerns and News are factored in because the church is also about people who worship together in a community. Hence at this juncture, we focus our attention on one another in the congregation by greeting, passing the peace by shaking hands and introducing ourselves to one another.

During the giving of Tithes and Offering to God in worship, someone or a group may step forward to give an offertory by way of playing a musical instrument or singing or both.

This segment ends when the tithes and offering are brought to the altar and the congregation sings another Doxology.

### 5. Proclaiming

We are ready to receive the Word of the Lord when we sing the Hymn of Preparation, listen to reading of the Scripture Lesson and the Sermon. The Pastor, as one appointed from among the people, and ordained, bears witness to the power of the Scriptures and the impact it makes in the daily life of people. When the sermon is clear, timely and relevant, it becomes the vehicle of God's Word proclaimed, not only at the pulpit, but also at the pews. The speaking and listening of God's Word constitute the climax of the service of the Word.

### 6. Partaking

On Holy Communion Sunday, this segment is added in for God's people to focus on what He has done and is still doing through the life, death and resurrection of Jesus Christ. As we partake of the "broken body" and the "shed blood" of our Lord Jesus, we receive His life into ours anew.

### 7. Promising

As forgiven sinners, who have heard afresh God's Word and received His gifts of love and grace, we conclude our worship by dedicating ourselves and promising anew when we sing the Hymn of Promise.

When the Pastor pronounces the Benediction, he is invoking God to bless the people who are ready to be sent out to serve Him in the world.

The Choir reinforces the "sending out" by their Choral Response.

When the organist ends the service with a lively piece of music, it is a further reinforcement of the concept of "sending out" to serve God in the world.

It is therefore my fervent belief that worship should be "God-focussed, Christ-centred and Spirit-led". When these elements are present, there will be transformation of lives.





### WORSHIPPING THE KING OF KINGS with the King of Instruments

Worship involves the submitting of the whole of our being to God.

The worship service on Sundays is an important time for any believer. We connect with God through many aspects – **Prayer** opens the communication channel with God. **Singing** can help us to affirm who God is to us, and who we are to Him. The **Bible passage** is His truth read out for us. The **sermon** brings God's message to His people. The **benediction** is God's blessing to us as we depart His holy sanctuary. And throughout the entire service, the **music** sets the right mood for all this to happen.

When we enter the sanctuary, we are greeted by soft tunes from the organ to help us quieten ourselves before the service begins. As the service progresses, those sounds remain with us, leading the worshipper as they sing hymns, in the background during the offertory, beginning and ending the service with the prelude and postlude.

TMC is blessed to have both a good organ and a faithful group of five organists who help enrich our worship experience every Sunday. These individuals spend many hours preparing for the service. Behind the scenes, they pray and meditate on the sermon title and passages, trying to distill the essence of the message for that day.

The organist creates the appropriate mood, pointing people to an aspect of God that is in focus for that particular day. A variety of factors determine what pieces are eventually selected. This should complement the pastors' chosen hymns. Some organists are cognisant of the mood of the liturgical season or the occasion of the day, for example, no triumphant music during the season of Lent.

The organ is by no means an easy instrument to master. Unlike playing a piano, playing the organ often requires the notes to be more connected, as opposed to detached. There are the stops to get familiar with. The term "stop" is used to describe the voice on an organ. The Flute stops, for example, consist of names like Rohrflöte and Bourdon, which are generally imitative of orchestral flutes and recorders. String stops imitate the sound of orchestral strings and usually have a "clean" or "silvery" timbre, making them well-suited to accompaniment and softer ensembles. The organist's feet can also be kept busy during a piece, changing stops, controlling volume and of course playing notes on the pedalboard. Because the organ is such a dynamic instrument, grand and playful, loud and soft, it is termed the King of instruments, appropriate for bringing music to the King of kings. Each organist has his or her own style, allowing the congregation to be blessed with a wonderful range of music every week. The organ is so versatile that it also allows the organist to vary their registrations, playing style and harmonisations between stanzas of a hymn. All this inspires the congregation and helps them to connect with God.

Nicholas, the youngest of our organists, sees himself as having an educational role. You would notice that he sometimes likes to play jazzy tunes just to demonstrate that the organ is not always a sedate and serious instrument. He hopes that through the way he executes hymns, displays the varieties of pieces in both style and technical difficulty, he is able to inspire especially youths to learn the organ and keep this beautiful church tradition alive. Even for the accomplished organist, preparation of classical pieces (which you will also hear during special occasions) takes months of practice before fluency can be achieved.

The organ is however, not completely out of reach to all but the masters of musicians.

Maureen is an example of how someone with a willing spirit can learn to play the organ in adulthood. After years behind the piano at TMC, you would have noticed her on the organ over the past year. Thanks to the coaching from our oldest organist, Mrs BK Khoo, who has played the organ at TMC from age 18 to 80, Maureen answered the call when she learnt that the church was looking for more organists. Considering herself a novice, she spends extra time preparing, adjusting the stops to get the right tones, and experimenting with the footwork. In her opinion, the objective of creating music for the worship service is not to impress, but to bring the right mood to worshippers. She too spends an equal amount of time contemplating what God is saying to her before she embarks on the technical preparation. Maureen is grateful to those who have encouraged her, especially fellow organists who give her feedback so that she may improve. In her humble words, she considers her service "an example of God using an imperfect instrument".

### THE WORSHIP & MUSIC MINISTRY IS ON THE LOOK-OUT

for someone who wants to ...

### Raise his / her Voice to the King of kings

The choir welcomes you as a chorister if you can hold a tune. Sing lustily with the choir family once a month and on special occasions, and enrich the worship experience of others.

Play the King of Instruments

TMC is able to sponsor musicians who wish to take organ lessons in order to serve as an organist within TMC. Lessons can be at the Methodist School of Music or in TMC by arrangement.

Prepare the Table

Communion helpers are urgently required once a month to help to clear the communion elements, and wash and store the trays after the 11.15am service.







Please contact Patricia Tan / patriciazoeytan@gmail.com





# **SOUND BYTES**

Sound checks, batteries, cables, stage lights, volume controls, microphones, slides, videos and background music. What else does the Audio Visual (AV) team – part of the Worship & Music Ministry - do?

"This is a ministry carried out by a team of specialists during any worship service. As the name indicates, it is a ministry that involves managing the quality of sound and sometimes pictures during the worship service. **The team members must first of all see themselves as doing all they possibly can, to the glory of God.** From this perspective, they will naturally seek to do their best so that the worship of God flows smoothly and worshippers experience God intimately," said Pastor Ho Soon.

In order to facilitate the Sunday worship service well, the team has a heavy responsibility.

They have to be in Church earlier than the start of the service.

They have to check that that all microphones and/or the projector are in working order.

Then there are the sound checks to be performed on the microphones used by musicians, worship leader, choir, and preacher.

They must also familiarise themselves with the Order of Service to ensure that they take the relevant actions at each point of the service.

MON 1

Overall, they have to be on high alert throughout the service.

Three members of the sound crew shared their experiences with the Saltshaker.

"When Pastor Melvin Huang and Pastor Philip Lim were pastors at TMC many many years ago, they brought me into the ministry. I had no background in AV before this but different people taught me along the way. As the AV crew, we make sure that the message can be heard coherently. We assist those who are conducting the service and help to carry God's Word through to everybody who is listening. We ensure that the sound systems are working and that the instruments of the worship team can be heard so that people are prepared to hear the message. A lot of it involves troubleshooting; we help to fix problems that exist in the sound system or hiccups that may happen during the service. As a part of the worship team, we like to be informed as early as possible of what is going to be presented for the particular service, so that we can be prepared for it and contribute our best. We receive a lot of support from the other members in the worship team, like the display coordinators and the musicians who understand what we go through. I believe that it is very good and important to continue bringing young people in their schooling years into the ministry."

Sean Chia is one of the longest serving members in the team, having served for more than 30 years

MIC7

MIC6

MIC5

MIC4

MIC3

MIC2

MIC8

"I wanted to serve in this ministry for the longest time, but initially I didn't have the courage to do so. Sound and audio have been my interests since my teenage years, and my hobby for more than 40 years. I have no formal background in AV but I was from the electronics stream in secondary school and I had and still have a deep interest in electronics and audio. Over time, I found that I liked to tinker around with audio equipment and basically 'DIY-ed' and self-learnt a lot of things. I help out in my office and assist my relatives with their sound equipment.

I'm nearing retirement age now and I still have a passion and interest in it. I want to use my passion as a service to God. As part of the AV team, you need good hearing, spontaneity and alertness. Things change very quickly while you're at the sound booth and you have to react on the spur of the moment. When I first joined the AV ministry, it stumped me. *Wow that console has so many knobs!* I was a little intimidated when I first stepped into the booth. It's been almost two years since I started serving, and it has become similar to driving - it's become an 'everyday' thing to me now. Since it is passion-driven for me, I feel a deeper involvement and understanding in this ministry and it's a great joy for me to serve. Even if some hiccups happen along the way, I just take it as a lesson and learn from it."

Winston Lee has been serving for almost two years and is the oldest member at age 58

"Someone needed to learn how to use the sound system at one youth camp held in the Emmanuel Hall. It was then that Joel approached me to join the AV team. I decided to join the team because I had already learnt the basics and thought that I should put it to good use. I have no background in handling audio and came in a total newbie. **It requires a bit of practice when you're new and you get better with time.** I'm not that great at it but I try my best to help out. We work very closely with the rest of the worship team - we come earlier before the service on Sunday to go through one last round of practice. Practically speaking and time-wise, it is manageable serving in this ministry and I help out to the best of my abilities whenever I can. I hope more people can join us in the AV team."

Terry Lau has been serving for almost two years after helping out with sound at a youth camp



# *If you are interested to serve with or find out more about the AV team,*

contact Patricia Tan at patriciazoeytan@gmail.com or Joel Chua at jconnect.joel@gmail.com. Otherwise, the AV team is always behind the sound console before and after the worship service, so do not hesitate to approach any of them to find out more.





## The Offering Bag - A Magical Hat?

Ever wondered what happens to the money after it goes into the offering bag?

Meet the Counting Ministry.

The Counting Ministry is a part of the Finance Committee. Consisting of three teams of people ranging from ages 21 to 81, each team serves once a quarter.

Before joining the team, I used to observe a group of people gathering in the Hosea room of the church office every Sunday, from which erupted occasional roars of laughter. One fine day, Hon Yuh (Finance Committee Chairperson) asked me if I would like to join the Counting Ministry.

"But I'm not good with money! But I don't know anyone in the team! Is it difficult? It seems so complicated and there are so many things to do! What if I make a mistake?

Apparently, similar fears and questions had also plagued many of the volunteers when they were first approached to join the Counting Ministry. This was what I discovered when I got comfortable with the team and decided to poke around.

### Why did you join the Counting Ministry?

"I think most of us joined because we were recommended by friends! That's how we grew to the size we are today. I remember in the past, there were only two groups doing counting." – Shy Counter One

"Initially, I was scared at the thought of handling money. Then, Pastor preached about serving and I asked God to show me a sign. After that, my friend asked me again and so I decided to do it." -Tan Poh Ling

### Is it easy to do?

"It is very easy to do. As long as you can count, you can do it. You don't need a Mathematics or Finance degree to be able to do this."- Shy Counter Two

"Of course it is easy! Nowadays we have computers and laptops anyway" – Shy Counter Three

"It is very easy for young people to do it, since we are so used to handling computers anyway... And it is actually very fun to fellowship with those from the older generation. It is not as scary as I expected!"- Ong Xin Rui

I've come to realise that my counting team has become my family. I look forward to my duty every quarter and to the fellowship (and also food) that I can expect to enjoy every Sunday. The fellowship is one of the many things that keep so many of us going in this ministry.

I urge you, my brothers and sisters, if you are looking to serve God, to seriously consider joining the Counting Ministry. To join this family, where we grow and serve together, where we pray with each other and support each other in this life that God has given to us.



by Guo Xino Rong

Me (on the extreme right) and my counting family

If your fingers are itching to count, and your spirit yearning for some fellowship, be a part of the Counting Ministry. Anyone can do this. Contact Hon Yuh / honyuh@gmail.com

### Why do you do this 12 Sundays a year?

"It's all about the relationships that we built here. Every Sunday, we share recipes, prayer requests and our lives. You get to know a lot of different people here." – Shy Counter Four

"It was very fun when we were at PLMGS (TMC's temporary premises during the redevelopment of the church). I got to sneak around the backstage during service! To collect the bags!" – Shy Counter Five

"It is a bonding session. The counting of the money is secondary. It is the relationships and fellowship that we have every Sunday that keeps bringing me back. You get to learn more about one another." – Shy Counter Six



### From Serangoon Ave 4 to Serangoon Garden Way

You may have seen her in the Sanctuary during the Mandarin Service.

Chua Chui Mei has an endearing smile and a twinkle in her eyes. She is in her 70s. She told me that someone befriended her at St Luke's Eldercare Centre (SLEC) and brought her to TMC more than three years ago.

In halting Cantonese, I walk up to talk to Su Hui Qun. Her serenity is contagious. She told me that she is 89 and has attended TMC for three years now. Currently, she lives with her son at Serangoon Ave 4, which is a stone's throw from SLEC. When I asked her how she came to accept Christ as her Saviour, her candid reply was: "Jesus protects me".

Both Madam Su and Madam Chua are stories to rejoice about, and fruits of labour granted to the workers at TMC.

The team of volunteers is led by Lay Ministry Staff (Mandarin Ministry) Eddie Goh. Every last Thursday of the month, Eddie leads the team to visit the SLEC to share the word of God.

He tells me that TMC has supported SLEC's Serangoon branch since its inception in 2010. In fact on 24 Jul 14, the Centre celebrated its fourth anniversary.

I asked Eddie what inspires him and he quoted John 3:16: "For God so loved the world that he gave His one and only Son, that whoever believes in him shall not perish but have eternal life."

Thirty clients from SLEC also attend the Yum Cha sessions on the first Wednesday of every month at the TMC Plaza.

Eddie tells me that help is needed to serve light refreshments as our SLEC friends arrive in batches, make them feel at home and lead them to the Emmanuel Hall for worship. Most of all, a friendly face is needed to interact and engage our SLEC friends over the Yum Cha lunch.



Chua Chui Mei (seated in yellow) playing a game at St Luke's Eldercare Centre, assisted by Alice Chong



Su Hui Qun worshipping at the Mandarin Service

Come and interact with the elderly and share God's love. You can do so with TMC's volunteers at SLEC at Serangoon Ave 4 on the last Thursday of every month, or at the Yum Cha sessions in TMC on the first Wednesday of every month. Contact the church office at churchoffice@tmc.org.sg to put up your hand.



In the annals of TMC, GYM has a completely different meaning from the usual terminology, usually associated with health and exercise anywhere else. So it is this moniker with its acronym that the Glowing Years Ministry (GYM) was formed, morphed from its days as the Senior Adults' Fellowship (SAF) and the Seniors' Ministry. As far as the seniors are concerned, heading to the gym or heading to GYM are both healthy pursuits, one to enhance their physical being and the other their spiritual leanings.

My late father, Wong Yow Chuen, was the coordinator of the SAF. He organised morning walks for the seniors. I recall these walks well because I had to play chauffeur and was not a "morning" person in those days.

Having spent some 30 years at TMC, Alice Ng remembers the early days well. Conceptually they were gatherings to bond and have some fellowship over makan (food) and karaoke (song) beyond Sundays. These were primarily gatherings when only TMC members would attend and have a good time together.

Things changed in 2009 under the leadership of Wee Eng Hock, and GYM was formed. There were plans to expand with TMC's mandate to PRAY, GROW & SERVE. Purposeful strategies to reach out to more people were put in place. A GYM committee was formed and past leaders include Victor Seah and Norman Ng. Currently led by Mrs Lim Leong Siung, the GYM committee members include the likes of Alice Chong, Alice Ng, Rebekah Goh, Tan Poh Ling and Wee Eng Hock.

As it is smack in the middle of week, Wednesday was deemed a good day for retirees to climb out of their shells and get energised with some church activities. Each month starts with Yum Cha, a food and fellowship session with an outreach agenda, where church members are encouraged to bring their non-TMC and non-Christian friends and family to join in. Since it starts in the late morning, a light lunch is also served. Attendance averages about 50 people each time and there is always a good group of regulars. There is also a group from the nearby St Luke's Eldercare Centre at Serangoon Ave 4 that joins every session. St Luke's Eldercare provides specialised transport for some 30 over clients to attend the monthly Yum Cha as many even arrive with wheelchairs. TMC members chip in to play host and welcome the rest. Games and exercise programmes are enjoyed, conducted by Rebekah Goh and Tan Poh Ling. Musically talented, Rebekah also plays the piano.

Other Wednesdays are also well utilised for GYM activities.

The third week is devoted to Pastor Peter's ongoing teaching of the Old Testament, poetically called God's Masterworks: A Concerto in 39 Movements.

On the last Thursday of each month, an outing is planned to visit St Luke's Eldercare Centre. Activities there centre around sing-alongs, appropriate fun and games (many of their clients are in their 70s and older, and are wheelchair bound) and a sharing of the gospel.

Many GYM members see themselves as mere instruments of God to bring His Word and reach out to non-believers. Through these visits to St Luke's Eldercare Centre and the Yum Cha sessions, happy outcomes have occurred whereby non-believers have come to know and accept the Lord as their personal Saviour.

A St Luke's client, 97-year-old Mdm Soh Wai Kuan, had been going to the day care centre since 2010. Alice Ng befriended and shared the gospel with her. Alice persevered over many months. From being disinterested and unresponsive in the beginnning, Mdm Soh is now a baptised member of TMC and worships with the Mandarin service. This is especially significant as Mdm Soh has no family support to encourage her new faith.

An elderly couple received Christ during one Yum Cha fellowship. Mr and Mrs Chee, grandparents of a TMC Kindergarten student, were initially curious onlookers when they brought their grandchild to the kindergarten. Invited in, they joined Yum Cha for a while. Sometime in 2013, Mr Chee had a stroke and after his hospitalisation, requested to be baptised. Pastor Peter went to their home to baptise both Mr and Mrs Chee. (see "A Fruitful Yum Cha", Saltshaker Nov 2013 issue) There are also been other happy stories like this. Most people were reticent at the start but became more receptive later on because their children are already Christians. Four from St Luke's now attend the Chinese service every Sunday. Transport is provided by TMC and a minivan picks them up as they live in the vicinity.

GYM programming does not start and end with Wednesdays. Each Saturday there are also ukulele sessions with Irene Eng as the musical director. It is encouraging to see that the musical group has grown in size and stature, invited to perform even in Malaysia. Members from other churches also attend this fellowship, stemming from their interest to learn something new. Janet Chan, who lives nearby is an ardent fan and has been a participant for the last two years. She never misses a single jamming session, loves it and suffers withdrawal symptoms if she's away. Janet most certainly enjoys the warmth and friendship of her fellow Ukulelians over the tea breaks. Coming from an independent church, she also enjoys singing the familiar old hymns and Pastor Peter's short sermon at the start of each ukulele session.

Other GYM activities most enjoy go beyond church and include monthly outings to various new spots in Singapore. In the past, there have been outings to Gardens by the Bay, the Garden Festival, the National Museum, Sentosa's Oceanarium, the River Safari at the Zoo, as well as afternoon concerts. A recent outing was to watch Matthew and The Mandarins perform, the old favourite local country and western quartet at the Esplanade in their series Coffee Break & Afternoon Tea targeted at seniors and retirees and held on weekday afternoons. Tickets are bought in bulk way ahead of time as they tend to be popular and sell out quickly.

GYM has come a long way since its inception and progressed with some outreach programmes. More can be done if there is an injection of new blood and younger (albeit senior) members bring fresh ideas and energy to help alleviate the shortage of hands to do the work.

Says retiree Alice Chong: "I know that when we do God's work, our work is never in vain because He is the Provider. I am happy that all this is stems from team work and God's timing. With Him, everything is possible. Even when I have to go away for short trips, I plan my time away around the GYM activities so that nothing is amiss or goes awry. As long as God gives me the strength and energy, I will carry on and continue his work."



GYM on an outing to Resorts World Sentosa



Learning to keep their bones healthy



The Fellowship of Ukulelians reaching out to the community at Christmas 2013





My understanding and approach to evangelism has evolved over the years.

As a youth at TMC, I did street and door-to-door evangelism in the community, participated in various evangelistic rallies, including TMC's first nationally staged "Friends Forever" musical in 1989.

I remember organising my own evangelistic gatherings where I would round up my friends for a "party", only to hijack it and make them sit through my well-rehearsed presentation of the gospel.

My understanding of evangelism and my approach were challenged when I went to Cambodia. I remember an incident when I was sharing the gospel enthusiastically to a Cambodian who understood some English. Halfway through, he asked me a question that stopped me in my tracks: "Is Jesus a man or a woman?" I was stumped. I vividly remember struggling to complete my gospel presentation because I knew I just wasn't connecting with him. The story of Jesus' death and resurrection was just bewildering to him.

I've since been convinced that evangelism, at least in Cambodia, has to be a process of discovering who Jesus is and it has to be a relational approach. Our evangelistic mission is making disciples and "teaching them to **obey everything** the Lord has commanded" - not merely making converts.

I've also learnt (and am still learning) that God's desire for the mission of the church is not only about the salvation of an individual, but also the redemption of society and its norms and the establishment of His Kingdom - His rule in the community (which was the central message of Jesus' preaching on earth).

In working an approach to evangelism, I am learning that evangelism should be natural – flowing out of the very nature that God has uniquely created us to be. It has to flow out of our everyday living, everyday relationships and everyday conversations. Simply, evangelism should flow out of our being, doing and speaking.

It's not meant to be contrived. It doesn't require us to pretend to be someone or take on another personality – a spiritual guru, speaking spiritual jargon, behaving spiritually.

Pastor Alvin introduced me to a new terminology – "organic" evangelism. Googling, I stumbled upon a book, "Organic Outreach for Ordinary People" by Kevin Harney that succinctly articulates some of the thoughts which have been brewing in my mind (look out for my book review in the next issue of the Saltshaker).

"Marketplace" witnessing, evangelism, disciple-making is about being an open, walking, breathing Bible; it's about representing and demonstrating Christ as we live and work among the unchurched.

Evangelism can be a rather uncomfortable topic for most people, and missions is perceived to be for only a select few.

I am keen to explore how these mindsets can be changed.

The ALPHA course is a good starting platform. However, more than just relaunching another course or programme, we could consider how to leverage on this instrument and use it as part of a fruit-bearing process to reach out "organically" through personal discipleship, witnessing by words and deeds, and through ministry evangelism.

It will be very exciting when church members begin to "own" evangelism and employ ALPHA (say) spontaneously at their small groups and workplaces. It would be even more exciting if church members can see themselves as "marketplace ministers" – so-called fulltime Christian ministers witnessing to and discipling others by word and deed in the places God has assigned them in society. A small change in our paradigm can produce seismic shifts in our impact on fulfilling our evangelistic mission.

This concept and approach of marketplace ministry can also be utilised in TMC's adopted mission field -Cambodia.

As most readers may know, my husband Kevin and I served as tentmakers during the latter half of our missionary journey in Cambodia. I would love to explore mobilising the TMC congregation to do non-residential missions (NRM) by utilising their gift sets, experiences and professional skills across borders. I am also, naturally, influenced by Kevin's constantly evolving views on church-planting strategies. We hope to contribute towards growing and establishing Glory Trinity Methodist Church in Cambodia and a network of house churches in and around Takhmao, Cambodia.

In addition, I am particularly keen on exploring how TMC could be doing missions on home ground, among the many foreigners in our community.

But it is not possible for me to anchor these initiatives alone. I see and understand my role as a Lay Executive Staff (LES), working alongside the pastoral team, in precipitating paradigm shifts, facilitating the building of positive environments, mobilising, equipping and empowering church members, and running alongside and supporting them as they organise these evangelistic and missional efforts.

One of the reasons that strongly motivated me to join the pastoral staff at TMC was Alvin's emphasis on discipleship and spiritual formation. I hope, in partnership with the pastoral team, to do my part in encouraging discipleship and/or peer mentoring relationships within the group I currently work most closely with and discipling a second and third generation of leaders.

Many ambitious plans? I am very inspired by Pastor Edmund Chan's quote: "Dream big. Start small. Build deep" (taken from his book 'Mentoring Paradigms').

(Claire Lowe is the newest member of the church staff. As Lay Executive Staff (LES), she has the responsibility for the witness and evangelism ministry of the church.)

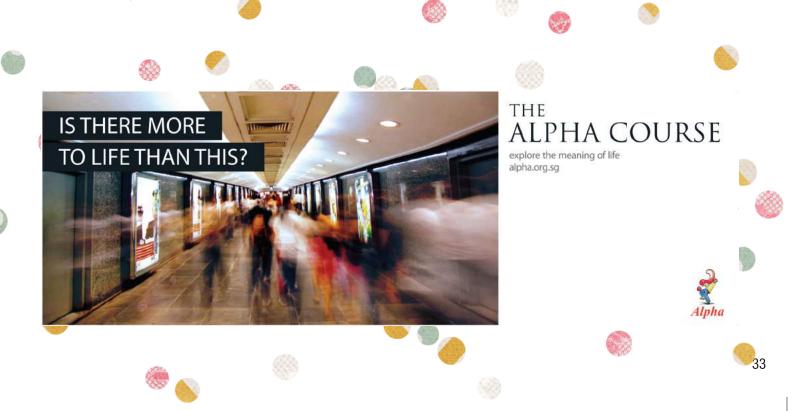


Claire conducting the ALPHA course



ALPHA introduction on 20 Jul

The ALPHA course is currently running on Sundays from 1.00-3.00pm, and ends on 12 Oct.



### TMC's Pastoral CareNet Ministry -Loving and Caring God's Way by Amanda Yong

Every member a caring disciple of Christ.

### Hospitality

This is the vision of the Pastoral CareNet Ministry (PCM), TMC's newest ministry to date.

The PCM is a ministry that reaches out to anyone in TMC who needs pastoral care. This includes visitors, the ill and the bereaved.

PCM pro-tem committee Chairman Wee Eng Hock says that discussions about setting up PCM began last year. TMC's LCEC has given it the go-ahead and it will be officially launched this month when the local conference gives the PMC its stamp of approval.

The impetus behind the setting up of the PMC was the realisation that there was a need to start a ministry under which all TMC pastoral efforts could be centralised. This new ministry would also be the seed through which a new TMC culture could grow.

### A Loving and Caring Culture

"It's a culture that needs to be spread. There are a lot of people who are quite helpful but they don't know how or where to start," says Eng Hock.

And this is where the PCM comes in.

But pastoral care is something that should not be exclusive to PCM and its members, he says.

Rather, it is what every TMC worshipper can and ought to do.

Associate Lay Leader and ex-officio member Ang Poh Kit says that for a "loving and caring culture" to grow and become second nature, the entire church - pastors, leaders, and members - will need to work together.

"Can we emulate the early churches described in the Book of Acts, where the believers cared for one another selflessly as true brothers and sisters in Christ? Our challenge today is for Christ's love to abound in TMC, for Christ's love to be seen in action in our lives," she says.

"When this happens, others will know that we are His disciples."

Take hospitality for example, she says. Hospitality does not begin at the Visitors' Connection Café, but in the pews, or even at the sanctuary door when the ushers greet newcomers.

She points out that hospitality is held up as a key virtue in the Old Testament, referring to Abraham who was described as a model of hospitality for welcoming three strangers who turned out to be angels.

"Offering hospitality is not always easy, especially if the guest is a stranger to us. It makes demands on our time. It takes effort to get to know someone, but Hebrews reminds us that our guest may be an angel in disguise," she says.

### **Partnering with Other Ministries**

PCM also partners with other ministries such as the Women's Society for Christian Service (WSCS), Glowing Years Ministry (GYM) and the small groups. Members of these ministries help by visiting the hospitalised and the homebound. If there are persons with issues which are beyond the PCM's expertise, it will refer them to professional bodies for assistance.

But PCM is not just about attending to crises, going to wakes, or visiting the sick and homebound, says Poh Kit.

"It is about the living out of our faith in reaching out to people, the sharing of joy when witnessing forgiveness and reconciliation as well as the healing of emotional wounds and hurts," she says.

Members who want to volunteer and be part of this caring ministry can contact the following persons through the church office.

Wee Eng Hock Emily Wilfred Kee Seok Kin Linda Kwan Jessie Chong Lim Leong Suing (GYM chairperson) Ang Poh Kit Linda Wee Sam Lim Paul Chong Katherine Loh (WSCS President) Colin Yip (Small Groups coordinator)

A training session will be conducted by the PCM on Sat, 18, 25 Apr, 9, 16, 23, 30 May 2015, from 2.00-5.00pm.

### What is PCM?

PCM emulates Christ, the Shepherd, in the supportive role of caring and loving our members in areas of social, emotional and spiritual needs.

We visit the sick, the homebound, the bereaved. We attend wakes and funerals and come alongside those who are hurting or grieving, praying with them and just being there for them.

PCM is also involved in Hospitality. We welcome and connect with newcomers and visitors.

### PCM's mission revolves around three key elements:

Encouragement – To be there for and come alongside someone in need of help

Exhortation – To share God's truth from the Bible, in a sensitive, patient and non-threatening manner, and to help the person through the situation

Enlightenment – To gently help the person align his thinking with God's Word

### Is there really a need for PCM in our church?

There are at least a few good reasons why we do need pastoral care:

• It is a command from God – God first loved us, and we are to love Him and others as ourselves.

There are many people who are unwell, hurting, lonely, grieving.
We have to walk the talk, for faith without deeds is dead.

### What PCM Plans to Do

In the near future, PCM hopes to hold some workshops on topics such as:

- Pastoral Counselling
- Understanding Eldercare
- Understanding dementia, grief, hurt, depression
- Effective Listening skills
- Understanding the love languages
- Caring for the caregivers

### What PCM is Doing (And How You Can Help!)

• Conducting in-house workshops to train PCM members. PCM's first workshop was conducted in early 2014. The next workshop is scheduled for 2015.

• Running The Connection Café (TCC) at the TMC Plaza. This is where TMC welcomes and befriends newcomers with food, drink and friendship. PCM's approach is to encourage visitors and newcomers to spend time at The Connection Café regularly to grow in friendship with PCM members. Meanwhile PCM members will help to widen these newcomers' circle of TMC friends by introducing them to other PCM members and their own small groups as well as link them up with ministries in TMC.

• Establishing a Guest Registry with the purpose of following up with newcomers and connecting them with other members and ministries. PCM members also send gentle reminders to newcomers to attend church service and messages of encouragement to show that have not been forgotten after their first visit.

• Keeping in touch with newcomers for a period of time as until they have transitioned into joining a small group or have started serving in a ministry.

• Spending time with those in need, just being there and praying with them. PCM does this through its visits to the homebound, the hospitalised and the bereaved.

### PCM members who went through PCM's first workshop on "Caring God's Way":

"People hurt more than we realise and it is our duty to show care and concern for them because it is an express command of Jesus Christ. In caring for others, I learnt that we cannot solve their problems but we can come alongside them and help them to be better able to cope with their problems." - Kee Seok Kin

"I learned new ways of handling people, ways to encourage them to share and unload some of their burdens but always to walk alongside them with the right attitude of caring, sharing and loving. I learned how important it is for people to know that no matter what happens, God never abandons them. It's all there in the Bible and it's important to be able to edify them with His words." - Linda Kwan

"The Pastoral CareNet ministry, of which this workshop was only one element, is a movement that hopes to make a cultural and mindset change in TMC. The Lord gave us a straightforward command – 'Love one another'. So we need to know God's Word! We need to have the mind of Christ! We need a Biblical framework to exhort! We go into caregiving God's way counting the cost!" - Linda Wee











by Lim Sue Yien

SG Connect More than Hi and Bye



### Hi and Bye

Think for a moment of the people you meet in church.

Some you know from your small group, some from the ministry you serve in.

### The others?

You see them every week. Maybe they even sit next to you in service. Or share a lift with you because you always arrive in church at the same time. You exchange polite "hi"s and "bye"s.

Members of the Hougang small group are active in TMC's church life. Yet, they felt that living in community had to mean more than just their small group and ministry, and saying hi and bye to those outside that group. They were burdened to form deeper connections with others at TMC. So, after much prayer and preparation, the Hougang group decided to invite Teleios in Christ group to fellowship with them on 22 Mar.

And so it came to pass. The birth of the Inter-Cell Meet.

### Meaningful Time of Fellowship

Each meeting begins with a welcome and prayer, followed by a time of worship. Then everyone has the opportunity to introduce themselves, including what area they serve in, what service they attend and any family connections in church. Many a nod and smile are exchanged during this segment as people start to connect with the familiar faces they see every Sunday. The floor is then open for those who want to share any testimonies. Those who do inevitably share about God's faithfulness to them in times of trials, and how their small group family helped them through those difficult periods. The ice-breaker game allows everyone to have a good laugh while trying to remember each other's names. The meeting ends with fellowship over a sumptuous meal. By this time, conversation is flowing smoothly and people are mingling in a light-hearted atmosphere. Everyone goes home with memories of God's abundant blessings, and happy that they can now put more than a name to the face in their next "hi".

### No Try, No Gain. Try It, You Gain!

The desire of the Hougang group is to practise living united as one body in Christ. Hougang and Teleios in Christ groups have deepened their friendship, having shared one small group meeting with an invited guest speaker, and a badminton game in July. Meanwhile, the Rock small group invited Hougang group for a dinner fellowship in April. The passion for fellowship is spreading; lives have been enriched; God has been glorified.

"Therefore encourage one another and build each other up, just as in fact you are doing." 1 Thessalonians 5:11

More about small groups at TMC can be found at www.tmc.org.sg/smallgroup.html. Or contact Park Ming at parkming@tmc.org.sg, or through the church office at 6282 4443.



Introductions round the room



Breaking the ice with a name game

# NOT AN OLD LADIES CLUB

When I first joined the WSCS Exco in 2006, I thought it was an "old ladies' club". As I found out, this is far from the truth.

As I had always been very keen on missions work, I joined the missions sub-committee under the umbrella of the Exco. Lydia, the sub-committee coordinator, guided me and made me feel very much at home even though I was one of the younger ones. After service, she would ask me how I was doing. It is common for ladies in the Exco to ask after ask one another and gather to pray for one another or somebody they know who requires prayer.

The Exco is made up of five sub-committees, of which "missions" is but one. Apart from reaching out to sisters and brothers in Cambodia, we are also reaching out to our local domestic workers, and supporting some overseas missionaries like Lorna and Ajit in Bangladesh and Patty Wolf in Chiangrai. This coming December, we will be organising a mission trip to Cambodia.

Another sub-committee takes care of witness and evangelism matters. Alice and Sok Eng recently organised a Frenfare workshop where believers were encouraged to bring pre-believers to attend. This subcommittee also serves at Yum Cha@10 and St Luke's Eldercare Centre.

The Discipleship & Nurture coordinators are Julia, Lai Cheng and Lynn (our youngest member at age 33) who prepare the meditation materials, organise talks and workshops.

The Outreach and Social Concerns coordinators are Lucy and Lelia who organise the monthly visitations, New Year and Christmas visits to TMC members who are homebound, in nursing homes, in hospitals and at St Luke's Eldercare Centre. Every Christmas, a party is thrown for the Gospel Mission for the Blind.

The Local Activities coordinators are Gek Ee and Diana, who have been organising the As-Good-As New sales, handicraft sales, cooking demonstrations, and lifestyle talks like the most recent one on Vertical Planting. Friday's bible study classes by Sister Esther Wong, and the annual Easter Sunrise breakfast are also taken care of by this group.

Today, the Exco has 30 members and we would be delighted to have more ladies join us in our service to God. I should say that most of our activities are also open to men so they should not be shy to attend!



Front row (L-R): Alice Chong, Lydia, Mary Patricia, Janet, Katherine, Veronica, Lilian, Lucy

Back row (L-R): Polly, Carol, Evelyn, Giat Ling, Gek Ee, Diana, Soo Kwan, Lelia, Suat Hong, Alice Ng, Shanthi, Lai Cheng, Jessie, Lynn, Julia, Sok Eng, Kiem Kiok



Easter activity for domestic helpers



Christmas carolling to the homebound

This article is adapted from a message delivered on WSCS Sunday on 25 May 14 by Katherine Loh, President of the TMC Women's Society of Christian Services (WSCS) Executive Committee (Exco).)



XY Conference 2014 was a youth conference with a unique concept.

On 19 Jul 14, the young guys and girls at the conference were gathered into different venues in TMC. Special speakers came to share on topics specially and specifically chosen for the guys and for the girls.

About 160 youths from 12 different churches across various denominations turned up. It was an amazing sight to see youths from different churches across denominations coming together and responding to God's call for them to be a generation that seeks His face solely.

The six workshops tackled gender-specific issues which today's youths struggle with.

In a world with so many other voices clamouring for attention, Esther Lim challenged the girls to listen only to The Voice that mattered most – Jesus'. They had to consciously tune in to God's voice and make an effort to tune out the other voices in their lives.

"Beauty is in the eye of the beholder" may be a pat phrase that carelessly trips off our tongue, but the pressure to look good, slim, tall, and have porcelain skin is the reason for the bottles and tubs of make-up which sell on the first floors of almost every shopping mall. Wendy Chiang encouraged the girls to reflect on their definition of "Beauty". If we were to define beauty with the world's standard, we would never measure up. But if beauty were defined according to His Word, we can always be assured that we are His beautiful masterpiece - always.

Jeremy Seaward gave a wake-up call to the guys through his talk titled "Purity and Being Set Apart". We can either be connected to God or to sin - there is no place for any compromise. The guys were further pushed by Pastor Neli's challenge for them to step out of their comfort zones, and start showing up as a man. This extremely empowering session dug deep into the essence of masculinity and God's call for a man. It was a day of tests for the guys when they were faced with a exhortation by Pastor Calvin Tan to take up their crosses and to deny themselves daily even when the going gets tough, whatever the cost.

The Conference culminated with Pastor Chris Long urging the youths to lead a lifestyle that pleases God. Many re-committed their lives to Him during ministry time.







"I like how Pastor Jeremy and Pastor Neli used examples that we could really relate to as guys, and how we could discuss the more sensitive topics that we otherwise wouldn't be able to around girls. I am looking forward to the next XY Conference sometime again in the future! " – Hansel, 19

"Pastor Chris Long's sermon on Daniel was a reminder that we need to start making conscious efforts to live intentionally; to live with an intention, with a purpose; to be convicted within ourselves of the desire to want to honour God in every situation we are in, even if it is difficult to do so." Ruth, 16





## **AMAZINGRACE 2014**

Roses are red, violets are blue. This bird likes Tchaikovsky, how about you?

This cryptic clue<sup>\*</sup> was one of many that teams were confronted with as they raced to get to different stations around the island. Six hours of furious Googling and many frantic calls to the AmazinGrace helpline later, the teams soon cracked the clues to complete all eight tasks in AmazinGrace 2014.

The idea for a car rally first surfaced at a youth leaders' meeting at the start of the year, when the youth leaders were brainstorming for ways to build closer relationships between the youths and the wider church. What better way to bring people together than to hole them up in a locked vehicle for six hours?

And build relationships the teams did. A total of ten teams of all ages took part in the race, some made up entirely of youths and young adults, while other teams were more diverse. The Lings, for instance, were a strong inter-age team comprising Grandma Shirley, her daughter Christine, granddaughter Deborah, and Deborah's friends Beverly and Hui Yie. The youths inevitably buttressed the team's efforts with their technological prowess. "The girls are amazing and very fast in Googling to find the answers," Christine raved. "My mum also asked the girls to teach her what to type into Google!"

In the spirit of blessing the community and having fun while doing it, teams were also rewarded for completing bonus tasks, which included buying coffee for sleep-deprived security guards, helping people unload their carts at a supermarket checkout counter, and surprising a friend with Christmas carols at home. Young adult team Zao Jin Kin (Hokkien for "to run very fast") comprising Bryan Wong, Zeon Pang, Yunting Seah and Clinton Yeo won the Bonus Task segment, completing an astounding eight bonus tasks! Team Godspeed (Dionne Hoe, Ivan Lee, Blossom Chan and Tan Ming Xuan) won the youths another place on the medal tally by clinching the Fastest Team title.

\*Did you guess right? This clue directed teams to Swan Lake at the Singapore Botanic Gardens.

At the end of the race, however, families took centre stage on the leader board with the Gans and Roses (comprising Ian Gan and his wife Lay Kuan, their daughter Nicole, and Nicole's friends Yue Yun and Vernetta) taking the title of Most Consistent Team (Gan: "I didn't realise my wife actually loves such races!"), and team Teleios (husband and wife team Peter and Janice Lim, and their children Shermaine and Shawn) winning both Best Overall Team and Best Family titles.

When asked about the race, both Shermaine and Shawn agreed that the race brought out the best in their family. Shermaine said, "I discovered many things, especially about my parents. I realised that despite their age, they still had the "fire", the enthusiasm and the "kanchiong" (Cantonese for "overly anxious") spirit in them... not forgetting the knowledge that they had to help us solve the clues."

Shawn added: "Disentangling the clues proved to be more challenging than expected. On retrospect, it was during those 'Sherlock Holmes' sessions in particular that our family really began clicking together like clockwork, and that made the experience all the more fulfilling. We understood each other better, and we each developed our own roles, after awhile, based on our strengths. It made us feel like a solid team."

From an organiser's perspective, planning for AmazinGrace 2014 was simultaneously exciting and exhausting. There were times when we were discouraged by the slow sign-up rate and the sheer amount of preparation work that needed to be done for the rally, but we were blessed by the willingness of our friends from the Young Adults Ministry to serve alongside us as ever-enthusiastic station masters, and encouraged by the cheerful anticipation of families who signed up early and constantly told us how excited they were to be participating in the rally. Most of all, we saw the Lord's hand guiding our plans and giving us more fuel for the journey.

On race day, the Lord's kindness was demonstrated to us in tangible ways: good weather, safety for all participants and a good time of bonding for all. Looking back, we can only say that – true to its name – AmazinGrace 2014 was a testimony of God's amazing, amazing grace. To Him be all praise!

Wish you had come for the car rally? Here are the clues to some other stations that teams were directed to. See if you can solve them all!

#### 1. In this Western part of Singapore and only here,

Dinera, Fargrik and Godta sit ear to ear. Fantastisk.

#### 2. In the middle of a City, this tombstone stands.

Welcoming shoppers from faraway lands. Find us between the joss sticks.

3. I. "Amelia: Are you coming or going? Viktor: I don't know. Both."

II. "Amelia: Are you coming or going? Viktor: I don't know. Bo th."

III. "Amelia: Are you coming or going? Viktor: I don't know. Both."

### (Viktor is coming. Meet Viktor.)

4. In the heart of Lorong 6, where concrete meets the sand

A mythical creature plays in Big Swampland

5. Far in the distant West, a ridge of knowledge lies:

A place where scholars can CREATE and fools are made wise.

6. Along the Victoria an institution stands,

Filled with words from 1 to 16 in all

5. CREATE building, National University of

4. Dragon Playground, Toa Payoh Lorong 6

times and is taken from the movie "The (Hint: the quotation is mentioned three 3. Changi Airport Terminal 3, Arrival Hall.

Answers:

languages known to man.

6. The National Library

Singapore

(.'Ianimal'.)



Gan of Gans and Roses offering coffee to a security guard



Team Godspeed welcoming a tourist to Singapore as part of the task at the Changi Airport station.



AmazinGrace champions, Teleios

### 1. IKEA Alexandra

like an old Chinese traditional tomb!) has it that Ngee Ann City was built to look 2. Ngee Ann City (Did you know: Rumour



### Spotting Green Opportunities around TMC



Happy 58th birthday TMC! Cheers to you for many more good years!

As we commemorate TMC's anniversary, it's a good time to look around to see how we can contribute to the "greening" of our beloved church and God's beautiful earth!

### Reduce

Ah... coffee catch-up time at the Plaza is always much looked-forward to. Next time, let's pay attention to those styrofoam cups that we so casually reach for and then forget where we left them after chatting with Mr-Serving-In-Many-Ministries and Auntie-Pinch-Babies'-Cheeks.

Here's a simple suggestion. Let's mark our own cups with our initials so that we can at least attempt to reclaim them from amongst the collection at the last table we were seated. The simplest would be with a pen. It would be even easier to etch initials onto the cup's soft surface using a fingernail.

SHUWET

### Recycle

Now, some of us keep the weekly service bulletin to keep track of what is happening in church. What can those who prefer to refer to the bulletin via the church website do with their hard copies? Did you know that the lovely usher teams collect the as-good-as-new bulletins from the 8.45am service to be dispatched at the 11.15am service? Please hand your copies to the ushers after the 8.45am service for their "second life".

The 11.15am congregation can also return their copies to be recycled by the church office.

### **Re-use**

I want to say a big thank you to all TMC Saltshaker readers for your encouragement to the team. We know you enjoy our articles but we also understand that the issues can start to pile up quite quickly. Here's an idea on how to reuse the good quality paper that the Saltshaker is printed on. Collapsible, multi-use paper boxes!

1. Start with any rectangular sheet of sturdy paper and fold the sheet in half. The A4 page of the Saltshaker works perfectly!



2. Halve it again at a 90° angle



3. Make a triangular 'pocket' with the top corner and repeat on the other side (as if making a paper airplane)



4. Fold out each triangular flap









5. Flip the right "arm" over to the left, turn the entire construct over and repeat with the right "arm" on the other side





7. Repeat with the other side of the construct



8. Fold the free corners at the centre towards the outer edges of the construct, forming two triangular flaps (Repeat on the other side of the construct)



10. Fold the triangular flaps into the corresponding natural "pockets". Repeat on the other side



12. The best part is that they stack nicely and can be banded together for distribution!



You may have noticed that an actual page of the Saltshaker was used for this demo featuring none other than our own Pastor-In-Charge!

Lastly, a shout-out to my awesome dad for imparting his origami skills and being the hand model for the demo. He tirelessly 'manufactures' these boxes for my extended family!



6. Rotate the entire construct so that the pointed tip is on the right and fold the top "arm" so that the top edge is aligned with the centerline. Repeat with the bottom "arm"



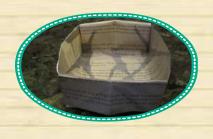
9. Fold the natural flap at the bottom towards the pointed tip. Repeat on the other side





11. Tah-dah! You now have a flattened paper box that you can fold out. Fill it with odds and ends or kacang puteh. You can also use them to neatly contain bones and other food scraps at the dinner table. If company at dinner is boring, one can at least read (or re-read) the print on the box for entertainment!





If you're confused by the text instructions, watch my dad at work in a YouTube video at www.youtube.com/ watch?v=r5-jlHwr-Jk&feature=youtu.be

## **EVENts**

TUES, 2 SEPt 8.00PM Last Local Conference

### Sat, 6 SEPt

9.30 – 11.30aM "You've Got A Friend" - Making Friends in Serangoon North www.tmc.org.sg/friend.html 8.00 – 10.00PM Celebrate the Mid-Autumn Festival as a Family Singapore Botanic Gardens www.tmc.org.sg/highlights.html

Sun, 7 SEPt Children's Ministry Teachers' Day 5.00 – 8.00PM Mooncake Festival Celebration Youth Avenue at Blk 123 Serangoon North Ave 1

Sat, 13 SEPt 3.00PM Official Opening of Youth Avenue www.tmc.org.sg/osc.html#youthave

Sun, 14 SEPt 10.00am Church 58th Anniversary – Combined English and Mandarin services

Sun, 21 SEPt WSCS Prayer & Self-Denial Food Sale

Sat, 27 SEPt 9.00am-3.00PM TMC Discipleship Conference: Everyone in TMC a Disciple who Makes Disciples. www.tmc.org.sg/highlights.html#conf

SUN, 19 OCt 8.45am / 11.15aM Children's Ministry Creative Prayer www.tmc.org.sg/cm.html

EVERY SUN 10.15aM Design for Discipleship www.tmc.org.sg/d&n.html

EVERY 2nd and 4tH Sun 7.30 – 8.30aM Church Prayer Meeting www.tmc.org.sg/prayer.html

EVERY 3RD SUN 10.00aM WSCS Visitation to Homebound. Bring the church into the homes of the homebound. Contact Lucy Chan at 9748 2733.

#### Last Sun of the Month 9.00am

Visit to Institute of Mental Health by Outreach & Social Concerns. Contact Yvonne Tan at 9091 8589 / yvnn\_tan@yahoo.com www.tmc.org.sg/osc.html#imh

### EVERY 1St WED 10.00am-12.00PM

Yum Cha@10 is an opportunity for people to come together for fellowship, and serves as a platform for TMC-ers to meet one another as well as non- Christians in the community mid-week. Contact the church office / churchoffice@tmc.org.sg www.tmc.org.sg/ministries.html#gym

#### EVERY 2nd and 4th WED 8.00 - 9.30PM

Bible App – Book of Hebrews www.tmc.org.sg/d&n.html#bibleapp

EVERY 3RD WED 10.00am - 12.00pm

God's Masterworks: A Concerto in 39 Movements. A bible study of the Old Testament. www.tmc.org.sg/regular.html#masterworks

#### Last Thurs of the month 10.00am-12.00PM

St Luke's Eldercare Centre Devotions at Blk 217 Serangoon Ave 4. TMC's ministry to SLEC brings hope, help and the love of Christ to many needy elderly. If you wish to join in, contact Eddie in the church office / eddie@tmc.org.sg. www.tmc.org.sg/osc.html#slec

EVERY FRI 8.00 – 10.00PM Healing Ministry in the Prayer Chapel

EVERY 1st and 3RD FRI 9.15 - 11.15aM Bible Study on Genesis www.tmc.org.sg/regular.html#genesis

EVERY 2nD anD 4tH Sat 9.30 – 11.30aM Fellowship of Ukulelians www.tmc.org.sg/regular.html#ukulele

ALTERNATE Sat 2.00 – 4.00PM Youth Avenue - Soccer Training at Kovan Sports Centre, Futsal Courts www.tmc.org.sg/osc.html#c123



Pastors Rev Alvin Chan Rev Dr Kang Ho Soon Rev Peter Goh

Editorial Committee Amanda Yong Lim Sue Yien Samuel Wong Rose Tan Shuwen Koh Tricia Tong Vinitha Jayaram

Chinese Translation Li Cai Yun **Designers** Ellen Li Noelle Yong Lydia Liu of

Clover Creative Vie Sal Photographers the Andrew Chong not David Lee tha GK Tay the Jason Tang of S Kelvin Tan ma Raymond Seah witi See Choon Keat edi Victor Seah freeimages.com all-free-download.com

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